

DIRECTIONS: Adults take 1 capsule a day, as a dietary supplement.

MODO DE USO: Adultos tomar 1 capsula al dia como suplemento dietetico.

HAIR, SKIN, AND NAILS COMPLEX:

BIOTIN, is an essential **B** vitamin known to help promote healthy hair, nails, and help manage blood sugar levels, among many other benefits.

VITAMIN B's, which help play a key role in the nervous system to help promote healthy skin.

COLLAGEN, is known to help promote healthy stonger hair, among many other benefits.

VITAMIN A, is necessary for the bodies cell growth, including hair which is the fastest growing tissue in the human body.

STORE IN A COOL DRY PLACE. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. KEEP OUT OF REACH OF CHILDREN. MANTENER FUERA DEL ALCANCE DE LOS NIÑOS.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



BIOTIN

5000 mcg

+COLLAGEN, VITAMIN A & B
for **HAIR, SKIN, & NAILS***

90 CAPSULES
DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving size: 1 Capsule

Servings per container: 90

Amount per serving	% Daily Value
Biotin (Pure 99%) 5000mcg	**
Collagen (Hydrolyzed) 20mg	**
Vitamin B3 (Niacinamide) 20mg	**
Vitamin B5 (Pantothenic Acid) 10mg	**
Vitamin B6 (Pyridoxine HCL) 4mg	**
Vitamin A (Retinyl Acetate) 5,000iu	**

**Daily value not established.

Other Ingredients: Magnesium Stearate, White rice flour, Cellulose Capsule.

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www.SUNSHINENATURALS.com

