

CoQ-10 FOR YOUR HEART

CoQ-10 supports cardiovascular functions and is an essential catalyst for the creation of energy at the cellular level. Coenzyme Q10 is an important free-radical fighter and is recommended to support proper heart, liver and gum tissue functions.*

L-CARNITINE FOR YOUR MIND & MUSCLES

L-Carnitine boosts physical and mental energy and endurance, reduces fatigue and muscle loss, and enhances cognitive function.*

L-THEANINE FOR YOUR STRESS & ANXIETY

L-Theanine is an amino acid found naturally in green tea and may help alleviate anxiety, improve sleep, and reduce stress.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PURE. MAX ABSORPTION. EASY ON STOMACH.



NATURAL
RHYTHM

RHYTHM

CoQ-10 ZEN

COQ10 + L CARNITINE + L-THEANINE

A DIETARY SUPPLEMENT
TO SUPPORT CARDIOVASCULAR FUNCTIONS,
AND HELP REDUCE STRESS & ANXIETY*

30 CAPSULES

VEGETARIAN/GLUTEN FREE/NON-GMO INGREDIENTS

Suggested Use: As a dietary supplement, take 1 capsule daily with a meal, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size: 1 Vegetable Capsule

Servings Per Container: 30

Amount Per Serving	% Daily Value	
L-Theanine	150 mg	†
L-Carnitine (as L-Carnitine Tartrate)	125 mg	†
Coenzyme Q10	100 mg	†

† Daily Value not established.

Other ingredients: hypromellose(capsule), microcrystalline cellulose, vegetarian leucine.

DISTRIBUTED BY:
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Caution: Discontinue use 2 weeks prior to surgery.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place.

Color of this product may vary due to color variations of the natural ingredients.



GLUTEN, SOY, MILK, PRESERVATIVES, OR ANIMAL PRODUCTS. FORMULATED WITHOUT EGGS, FISH, SHELLFISH, TREE NUTS, PEANUTS, OR WHEAT. YAY!!