



100% ORGANIC

Raspberry Leaf Tea

Menstrual Support Tea
& Herbal Labor Tonic *

... ASTRINGENT, FULL-BODIED SINGLE HERB ...



HERBAL TEA SUPPLEMENT
CAFFEINE FREE
1 TEA BAG



100% ORGANIC

Raspberry Leaf Tea

Menstrual Support Tea
& Herbal Labor Tonic *

... ASTRINGENT, FULL-BODIED SINGLE HERB ...



.84 oz. net wt. (24 g)

Caffeine Free
16 Tea Bags

Herbal Tea Supplement

Here. Drink this. It'll help. ♥

Organic Raspberry Leaf Tea's namesake herb is traditionally used to help nurture and support women, soothe period cramps, support healthy menstrual cycle and helps the uterus prepare for childbirth.*

Pour boiling water over one tea bag. Steep 5-10 minutes. Sip 1-2 cups per day, or as recommended by your healthcare provider.

Supplement Facts Serving Size 1 tea bag,
Servings Per Container 1, Amount per serving, Calories 0, Proprietary
Blend (1.5 g): Rubus Idaeus (Red Raspberry) Leaf* (%DV %)
*Organic † Daily value (DV) not established

Consult your healthcare provider before using this product during pregnancy or when breastfeeding, or if symptoms persist or worsen. DO NOT USE if you are allergic to plants of the daisy (Asteraceae/ Compositae) family. Discontinue use immediately if any allergic reaction occurs.

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Certified Organic by Oregon Tilth • Certified Kosher by EarthKosher

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

THIS UNIT NOT LABELED FOR INDIVIDUAL RETAIL SALE. W10-381-06

Grounded in Nature. Powered by Love.™

RASPBERRY LEAF TEA

Organic Raspberry Leaf Tea is an herb traditionally used to help nurture and support women for healthy lady times. Think everything from helping your uterus wrap her mind around the challenge of childbirth, to helping with your favorite time of month (you know, THAT one...). Sip as often as you like. Because raspberry leaf and your uterus will become new best friends. Also? It's a great way to ease occasional diarrhea. Yep — two wildly different, yet important, benefits for the whole family (kids included).

HERBAL TEA HOW-TO

Pour boiling water over one tea bag. Steep 5-10 minutes. Sip 1-2 cups per day, or as recommended by your healthcare provider.

Supplement Facts

Serving Size 1 tea bag
Servings Per Container 16

	Amount Per Serving	% Daily Value
Calories	0	
Proprietary Blend	1.5 g	
Rubus Idaeus (Red Raspberry) Leaf*		†

*Organic † Daily Value not established

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Prepping for the big push?
Raspberry leaf is like push-ups
for your uterus!

Here's some science: Cramps are basically your uterus muscles doing their job. And, like any other muscle, it appreciates a workout for its monthly duties. This tea is a nice start.

B10-381-07



Here. Drink this.
It'll help. ♥

EARTH MAMA TEAS

FORMULATED FOR
PREGNANCY PLUS!*

Organic Ginger Nausea™ Tea
Organic Heartburn Tea
Organic Peaceful™ Tea
Organic Raspberry Leaf Tea
Organic Third Trimester Tea
Organic Throat Smoothie™ Tea

NOT FOR USE
DURING PREGNANCY

Organic Periodic Tea
Organic Milkmaid Tea
Organic No More Milk Tea

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