

LOT# 110118
EXP: 11/21

**MADE WITH U.S. GROWN
MUSHROOM MYCELIUM**

Directions for use:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. If you have a medical condition, are taking medications, or are pregnant or nursing, consult your healthcare professional before using this product. Keep out of reach of children.

NCHE30 REV C2

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE[®]
Mushrooms[™]

LION'S MANE

**MEMORY &
NERVE SUPPORT[™]**



**GLUTEN FREE
DIETARY
SUPPLEMENT**
30 Vegetarian Capsules



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 15

Amount Per Serving

Lion's Mane (*Hericium erinaceus*)
mycelium ‡
550 mg polysaccharides

1g†

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice
‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by
**Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA**
Toll Free: 877-504-6926 HOSTDEFENSE.COM

Certified Organic by the
Washington State
Department of Agriculture.

