

For More Information:
1-888-462-2548

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222
Made in the USA

KEEP OUT OF
REACH OF CHILDREN.
Store in a cool, dry place.

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GNC PRO PERFORMANCE®

L-GLUTAMINE

DIETARY SUPPLEMENT

**SUPPORTS MUSCLE FUNCTION
DURING & AFTER EXERCISE***

1500 MG PER SERVING

FREE-FORM AMINO ACID

180 CAPSULES

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 769812

BHG

L-Glutamine serves as fuel for the immune system; it may provide an anti-catabolic effect and is involved in protein synthesis.* Studies have shown that intense exercise may contribute to the depletion of glutamine in the muscles therefore resulting in a catabolic response.* Adding Pro Performance® L-Glutamine after intense exercise may help in maintaining glutamine stores.

DIRECTIONS: As a dietary supplement, take 2-4 capsules daily, preferably 2 capsules before exercise and 2 capsules after exercise.

Supplement Facts

Serving Size Two Capsules

Servings Per Container 90

Amount Per Serving

L-Glutamine	1500 mg*
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* Daily Value not established.

OTHER INGREDIENTS: Gelatin.

Potency verified by GNC procedure #5052. Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat,
No Gluten, No Corn, No Soy, No Dairy, Yeast Free

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