

DIETARY SUPPLEMENT

BLACK CURRANT SEED OIL is one of the richest sources of Alpha-Linolenic Acid and Gamma-Linolenic Acid. This naturally occurring supplement provides the ideal ratio of linolenic, in addition to other nutritionally significant, fatty acids.

DIRECTIONS

Take three softgels daily, or as directed by a physician.

This product has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Manufactured Exclusively For:
ECOLOGICAL FORMULAS
1061-B SHARY CIRCLE
CONCORD, CA 94518



**Cardiovascular
Research
Ltd.**

BLACK CURRANT SEED OIL

GLA



ALA

**Dietary Supplement
90 SOFTGELS**

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 90

	Amount Per Serving	% Daily*
Calories	5	<1%
Calories From Fat	5	
Total Fat	0.5 g	<1%
Saturated Fat	0.04g	<1%
Monosaturated Fat	0.06g	
Polysaturated Fat	0.4g	
Alpha-Linolenic acid	60mg	**
Gamma-Linolenic acid	70mg	**
Oleic acid	50mg	**
Linoleic acid	250mg	**
Palmitic acid	35mg	**
Stearic acid	8mg	**

* Percent Daily Values Based on a 2000 Cal. Diet. ** Daily Value not Established.

Other Ingredients: Gelatin, Glycerin, and Water.
Gluten Free, Casein Free.