PLANT STEROLS: naturally exist in foods including vegetables and vegetable oils, help limit the absorption of cholesterol. *

BERGAVIT™: a natural extract from bergamot juice, has clinically shown to support healthy level of cholesterol and triglycerides and promote cardio vascular health.*

OMEGA 3: supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

Warning: Do not exceed recommended dose. Consult with a physician or medical doctor before use especially if you are pregnant, nursing, under 18, taking medication. Store in a cool and dry place.

Made in USA | Gluten FREE | Dairy FREE | Soy FREE | Non-BE (Non-GMO)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent diseases.

8 50028 77907 1

Upnourish

CHOLESTEROL HEART HEALTH

CHOLESTEROL | TRIGLYCERIDES | HEART

MG 30 CoQ10 | MG 1300 PLANT STEROLS | MG 375 BERGAVIT™ | MG 500 OMEGA 3

DIETARY SUPPLEMENT 90 Softgels

Direction: Take 3 softgels daily.

Supplement Facts

Serving Size 3 softgels
Servings per Container 30

Amount per Serving		% DV†
Plant Sterol Esters	1300 mg	**
BergaVit™ 40 *Citrus Bergamia* juice extract	375 mg	**
CoQ 10	30 mg	**
Fish Oil	860 mg	**
EPA	400 mg	**
DHA	100 mg	**
Black Garlic Extract	50 mg	**
Turmeric (*Curcuma Longa*) root extract (95% curcuminoids)	50 mg	**

† Percent Daily Value is based on a 2,000 calorie diet.
** Daily Value(DV) Not Established.

Other Ingredients: Softgel Shell (Bovine Gelatin, Glycerin, Iron Oxide (Color), Sunflower Lecithin, Beeswax. Contains Fish.

Proudly Crafted for
HealtHappiness Nutrition | Allen, TX 75013
care@healthappinessnutrition.com