



RECOMMENDED USE: Take one stick pack (2.6g) of Fat Release with or after a meal or snack that contains fats. If you wish to digest fat content in a meal, such as omega-3 fatty acids, do not take Fat Release after the meal. Enjoy up to three stick packs a day, one after each meal.

Enjoy Fat Release slowly straight from the stick pack, no water required! For an added fruit twist flavor, combine one stick pack with 1 serving of Herbal Tea Concentrate, 1 serving of Herbal Aloe Concentrate or 8 fl. oz. of hot or cold water.

PRODUCT	OPTION 1	OPTION 2	OPTION 3	OPTION 4
Fat Release				
Slowly pour in mouth				
8 fl. oz. of hot or cold water				
Herbal Aloe Concentrate				
Herbal Tea Concentrate				

STORE IN A COOL, DRY PLACE.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

Carton is half-filled with stick packs due to limitations of manufacturing equipment.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Fat Release

For weight loss program support*†

- Reduces a portion of calories from being absorbed when taken with a meal containing fats*
- Enhances the amount of dietary fat eliminated from the body*
- Formulated with Litramine® to promote feeling of fullness*



DIETARY SUPPLEMENT

30 STICK PACKS 0.09 OZ (2.6g) EACH
NET WT: 2.75 OZ (78g)

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

† Weight loss plans are supported by taking the product three servings a day.

Support healthy weight loss through dietary fat excretion.*†

Fat Release is specially formulated with Litramine®, a patented ingredient with cactus fiber, to support weight loss targeting dietary fat excretion.*† When ingested with foods containing fats, Litramine® forms a fat-fiber complex with a portion of the fats in the food. The fat-fiber complex, which cannot be digested or absorbed, is excreted from our bodies. Litramine® can help in reducing calories absorbed from dietary fat.*

Clinical studies on adults 35 and older showed that taking 1 gram Litramine® 3 times a day with or after meals for 12 weeks can support weight loss by binding a portion of dietary fat in overweight people who were on nutritionally balanced diets and moderate intensity exercise.* Diet in study did not include Herbalife Nutrition meal program.

Litramine® patent under license from InQpharm: US 9,107,441 B2.

Litramine® is a trademark of the InQpharm group of companies.

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Supplement Facts

Serving Size: 1 stick pack (2.6 g)

Servings Per Container: 30

	Amount Per Serving	% DV**
Calories	10	
Total Carbohydrate	2 g	1%
Calcium	40 mg	3%

Litramine® Proprietary Blend

(Opuntia ficus-indica, gum arabic, gamma-cyclodextrine) 1 g ††

** Percent Daily Values (% DV) are based on a 2,000 calorie diet.

†† Daily Value (DV) not established.

OTHER INGREDIENTS: Xylitol, Lemon Juice Powder, Cranberry Juice Powder, Citric Acid, Silicon Dioxide, Natural and Artificial Flavor, and Magnesium Stearate.

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Made in Germany

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