



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	150 mg	167%
Chromium (as Chromax® Chromium Picolinate)	80 mcg	229%
ThermoBlend	440 mg	†
Cordyceps Mycellium, Berberine from Berberis aristata Root Extract, Caffeine from Coffee Bean Extract (Coffea robusta), Kelp Extract (Laminaria japonica) (10% fucoxanthin), Chocamine® (Cocoa Bean Extract, Theobromine), Olive Fruit Extract, Green Tea Leaf Extract, Guarana Seed Extract, Green Coffee Bean Extract (50% Chlorogenic Acids), Allspice Fruit, Cassia Cinnamon Bark, Ginger Root		

†Daily Value not established.

OTHER INGREDIENTS: Hypromellose, microcrystalline cellulose, silicon dioxide, magnesium stearate, natural flavor. **CONTAINS:** Soy.

DIRECTIONS: For adults over 18 years of age, take 1 capsule up to 3 times daily with a large glass of water and a meal or snack. Allow 3-4 hours between servings. Do not exceed 3 capsules daily. Use in conjunction with a calorie-responsible meal plan and exercise.

CAUTION: Three capsules contain 180 mg of caffeine, about as much as 2 cups of coffee. This product is not intended for individuals under 18 years of age, pregnant or nursing women or for those sensitive to caffeine. Consult with your doctor before use if you are taking medication, have high blood pressure, are diabetic and/or have any other medical condition. Limit the use of caffeine-containing medications, foods or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat. **KEEP OUT OF REACH OF CHILDREN.**

STORAGE: Keep tightly closed and store in a cool, dry place.