

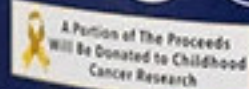
Warrior Strong Smoothie



1/2 cup water
1 cup coconut milk
1/2 banana
1/2 cup frozen blueberries
A big handful of spinach
1 tsp Chia seeds
1 scoop of a greens powder
1 scoop of Warrior Strong Wellness®
Multi Collagen Protein
Ice & Blend (Serves 1)

CAUTION: For use by healthy adults, not for use by individuals under the age of 18. As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing or are under medical supervision. Keep out of reach of children. Store in cool dry place. Do not use if product has been opened or tampered with in any way. Packaged by weight not volume. Some settling may occur. Contains no filler ingredients, artificial flavors, colors, sweeteners or preservatives. Due to seasonality of ingredients, variations in color, taste and aroma may occur. Notice: this product is a food supplement only.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



St. Baldrick's FOUNDATION
Compassion. Childhood. Cancers.

WARRIOR STRONG WELLNESS

PURE HYDROLYZED MULTI COLLAGEN PROTEIN POWDER

ANTI-AGING EFFECT*	SUPPORTS HEALTHY BONES & JOINTS*	SUPPORTS MUSCLE & TISSUE REPAIR*
SUPPORTS DIGESTIVE HEALTH*	SUPPORTS HEALTHY SKIN, HAIR & NAILS*	BOOSTS BILIRUBIN SYSTEM*



DIETARY SUPPLEMENT
TYPE I, II, III, V, X

UNFLAVORED | NET WT. 459 G (16.19 OZ)

Suggested Use: How to MIX Properly:

BLU/WH: It is best to mix briskly with a wire whisk or battery operated wire frother type of mixer into hot coffee, hot tea, hot cocoa or any hot beverage. May add to soups, stews, gravy or any hot recipes as well.

BLU/COL: It's best to blend the powder in an electric blender or a hand held electric mixer. Mix it into a whole food shake or smoothie. Great with coconut milk, almond milk or cashew milk and add fruit like bananas, blueberries and some veggies like spinach and add ice and blend. Can add into any baked recipe or into yogurt, cottage cheese or oatmeal. (Not ideal to mix alone into water - it is unflavored and has no sugar - remember this is a nutritional superfood supplement. It is not a typical protein powder and it has a tendency to clump if not mixed the BEST way as listed above.)

May take one or more scoops a day! Consistency is key when it comes to experiencing the amazing benefits of Multi Collagen daily.

Supplement Facts

Serving Size: Approx. 1 Scoop (10.2g)
Servings Per Container: Approximately 45

Amount Per Serving	%Daily Value*
Total Calories	50
Protein	9g 18%
Sodium	45mg 2%
Multi Collagen Complex 10.2g	1
Hydrolyzed Bovine Hide Collagen Peptides, Chicken Bone Broth Collagen Concentrate, Hydrolyzed Fish Collagen Peptides, Eggshell Membrane Collagen	
*Daily Value is based on a 2,000 calorie diet. †Daily Value not established.	

Contains Egg, Fish.
Contains No Added MSG, shellfish, tree nuts, wheat, peanuts, soy.
No artificial sweeteners but also processes milk, eggs, fish, tree nuts and soy.

Amino Acids

Amount per Serving			
Alanine	829.19mg	Leucine*	308.62mg
Arginine	779.62mg	Lysine	325.71mg
Aspartic Acid	546.53mg	Methionine*	78.52mg
Cysteine	10.71mg	Phenylalanine*	195.20mg
Glutamic Acid	1097.15mg	Proline	1327.31mg
Glycine	1920.98mg	Serine	289.38mg
Histidine*	115.71mg	Threonine*	166.05mg
Hydroxylysine	36.33mg	Tryptophan*	72.66mg
Hydroxyproline	1089.06mg	Tyrosine	230.16mg
Isoleucine*	133.25mg	Valine*	230.16mg

*Essential Amino Acids



Manufactured For:
Warrior Strong Enterprises, LLC
7135 W. Sahara Ave. Suite 201
Las Vegas, NV 89117
Made in the USA