

gaia[®]
HERBS

NEW LOOK
SAME FORMULA

STRESS SUPPORT*

Calm A.S.A.P.[®]

Helps provide relief from
occasional anxiousness*

Award-winning formula[◇]

Supports a calm response
to stress*

60

VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	<1%*
Proprietary Extract Blend	1,440 mg	†
Organic Skullcap (<i>Scutellaria lateriflora</i>) aerial parts extract, Organic Passionflower (<i>Passiflora incarnata</i>) flowering vine, Organic Chamomile (<i>Matricaria recutita</i>) flower, Organic Vervain aerial parts, Holy Basil (<i>Ocimum sanctum</i>) leaf supercritical CO ₂ extract		
English Lavender (<i>Lavandula angustifolia</i>) flower essential oil	60 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, water, vegan capsule
(hypromellose), sunflower lecithin and olive oil.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each 3 capsules contain 5,050 mg dry herb equivalent.

SUGGESTED USE

Adults take 3 capsules, once daily, on an
as-needed basis.

Not for use during pregnancy or lactation. If you have a medical condition or
take medications, please consult with your doctor before use. **Store away
from children.** Use only as directed on label. Safety-sealed for your
protection. Keep bottle capped at all times and store in a cool, dry place.

Calm A.S.A.P.[®] has won the following awards:

◇2019 Clean Choice Award Winner in the Adaptogens/Stress
Management category

◇2018 Natural Products Expo East NEXTY Award for Best
Condition-Specific Supplement



meetyourherbs.com

Gaia Herbs delivers unprecedented
traceability by screening every product
and sharing the results online. See for
yourself, and learn more about your
herbs, by entering the unique ID # below
at meetyourherbs.com.

VEGAN
GLUTEN-FREE
SOY-FREE

Certified



BEST BY:

Connecting
Plants & People[™]
SINCE 1987

PURITY - Keep it Clean

All products are screened for pesticides,
microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the
world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered
in our patented Phyto-Caps[®] technology.

Discover our Guiding Truths at:



gaiaherbs.com
[@gaiaherbs](https://www.instagram.com/gaiaherbs)

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY
THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR
PREVENT ANY DISEASE.