



Ultimate Man Multivitamin

180 TabletsItem #: VS-2750 / 1744689

Supplement Facts
Serving Size 2 TABLETS
Servings Per Container 90

	Amount Per Serving	% Daily Value
VITAMIN A (AS BETA CAROTENE AND VITAMIN A ACETATE)	5000 IU	100%
VITAMIN C (AS ACTIVE C)(AS TRI-SCORB PROPRIETARY BLEND)(AS CALCIUM ASCORBATE, MAGNESIUM ASCORBATE,AND ZINC ASCORBATE) AND BIOPERINE))	300 Mg	500%
Vitamin D3(As Cholecalciferol)	1000 IU	250%
Vitamin E (As D-Alpha Tocopheryl Succinate)	30 IU	100%
VITAMIN K(AS PHYTONADIONE)	80 Mcg	100%
THIAMINE (VITAMIN B1)(AS THIAMIN MONONITRATE)	50 Mg	3333%
RIBOFLAVIN (VITAMIN B2)	50 Mg	2941%
Niacin(As Niacimide)	50 Mg	250%
Vitamin B6(As Pyridoxine Hcl)	50 Mg	2500%
Folate(As Folic Acid)	400 Mcg	100%
Vitamin B12(As Cyanocobalamin)	50 Mcg	833%
Biotin As D-Biotin)	300 Mcg	100%
Pantothenic Acid(As D-Calcium Pantothenate)	50 Mg	500%
CALCIUM (AS CALCIUM CARBONATE AND ACTIVE C)	200 Mg	20%
Iodine(As Potassium Iodide)	150 Mcg	100%
MAGNESIUM (AS MAGNESIUM OXIDE AND ACTIVE C)	25 Mg	6%
ZINC25AS ZINC OXIDE AND ACTIVE C)	25 Mg	167%
Selenium(As Amino Acid Chelate)	200 Mcg	286%
Copper(As Copper Glucomate)	2 Mg	100%
Manganese(As Manganese Sulfate)	2 Mg	100%
Chromium(As Amino Acid Chelate)	120 Mcg	100%
Molybdenum(As Amino Acid Chelate)	75 Mcg	100%
FRUIT & VEGGIE BLEND (CITRUS BIOFLAVONOIDS, CARROT POWDER, PAPAYA FRUIT POWDER, ORANGE FRUIT POWDER, PINEAPPLE POWDER, PUMPKIN SEED MEAL, SPINACH POWDER, ELDERBERRY FRUIT POWDER, BILLBERRY FRUIT POWDER, BLACK CURRANT SEED POWDER, CAULIFLOWER POWDER, SAW PALMETTO POWDER, KALE POWDER, BRUSSEL SPROUTS POWDER, BROCCOLI POWDER, APPLE FRUIT POWDER, KIM FRUIT POWDER)	105 Mg	N/A*
AMINO ACID BLEND TAURINE, L-METHIONE, L-GLUTAMINE, L-ARGININE (AS HCL), L-CARNITINE (AS TARTRATE)	100 Mg	N/A*
Alpha Lipoic Acid	100 Mg	N/A*
GREEN TEA 95% EXTRACT (CANELLIA SINENSIS)(LEAF) STD TO 95% POLYPHENOLS 47.5 MG AND 40% EGCG 20MG	50 Mg	N/A*
GRAPE SEED 95% EXTRACT (VITIS VINIFERA)(SEED)STD TO 95% PROANTHOCYANIDIN23.8MG	25 Mg	N/A*
POMEGRANATE 40% EXTRACT (PUNICA GRANATUM)(FRUIT)(STD. TO 40% ELLAGIC ACID))	25 Mg	N/A*
CHOLINE (AS CHOLINE BITARTRATE)	10 Mg	N/A*
INOSITOL	10 Mg	N/A*
BIOPERINE(PIPER NIGRUM)(FRUIT) STD. FOR 95% PIPERINE 4.75 MG	5 Mg	N/A*
Silica(As Silicon Dioxide)	4 Mg	N/A*
Boron(As Boron Amino Acid Chelate)	2 Mg	N/A*
LUTEIN (AS FLORAGLO)	1 Mg	N/A*
Lycopene	1 Mg	N/A*
Vanadium(As Vanadium Sulfate)	1 Mg	N/A*
Astaxanthin	50 Mcg	N/A*
Zeaxanthin	50 Mcg	N/A*

* Daily value not established
Other Ingredients:
Microcrystalline cellulose, dicalcium phosphate, methylcellulose, stearic acid, magnesium stearate, pharmaceutical glaze, vanilla, soy.