

OVER 45 YEARS OF EXPERTISE

Nature Made

Calcium
500 mg



WITH D₃

Vitamin D helps
improve calcium
absorption[†]

130 TABLETS

Helps support
strong bones[†]

Dietary Supplement

SUGGESTED USE: Adults, take 1 tablet 1 to 2 times daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: If you are taking any medications, consult your physician before use.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin D ₃ (as Cholecalciferol) 10 mcg (400 IU)	50%
Calcium (as Calcium Carbonate) 500 mg	38%

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org

MAY HELP REDUCE RISK OF OSTEOPOROSIS

Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

OTHER INGREDIENTS:

Cellulose Gel, Maltodextrin, Croscarmellose Sodium, Hypromellose, Magnesium Stearate, Polyethylene Glycol, Gelatin, Corn Starch.

Lot:
Exp.: