Other Ingredients: Vegetable Cellulose. Contains <2% of: Calcium Silicate, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk ingredients.

Contains bioengineered food ingredients.

DIRECTIONS: For adults, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Sugar, No Wheat, No Yeast, No Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Avoid this product if you are allergic to ragweed or

daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 17393

www.puritan.com 1-800-645-1030

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## www.puritan.com

Puritan's Pride

## 50 PLUS DAILY MULTI

Performance Formula Targeted For Women Over 50

HIGH POTENCY TIMED RELEASE

DIETARY SUPPLEMENT

## Supplement Facts

Amount Per Serving %Daily Value		Amount Per Serving	%Daily Value	
Vitamin A (as Beta-Carotene) 1,051 m	icg 117%	Manganese	2 mg	87%
Vitamin C (as Ascorbic Acid) 120 m	ig 133%	(as Manganese Gluconate)	-	
Vitamin D 50 m (as D3 Cholecalciferol)	icg (2,000 IU) 250%	Chromium (as Chromium Picolinate)	200 mcg	571%
/itamin E 20 m (as d-Alpha Tocopheryl Acetate)	ng 133%	Molybdenum (as Sodium Molybdate)	75 mcg	167%
Vitamin K (as Phytonadione) 10 m	icg 8%	Potassium (as Potassium Chlorid	le) 30 mg	<1%
Thiamin (Vitamin B-1) 30 m (as Thiamin Mononitrate)	ng 2,500%	Vanadium (as Sodium Metavanadate)	10 mcg	
Riboflavin (Vitamin B-2) 30 m	ng 2,308%	UW50+ Bioactive Blend	50 mg	*
Niacin (as Niacinamide) 30 m	ng 188%	Citrus Bioflavonoid Complex	(Citrus limon	) (peel),
Vitamin B-6 30 m (as Pyridoxine Hydrochloride)	ng 1,765%	(Vitis vinifera), Black Currant (Ribes nigrum)		
Folate 666 mcg DFE 167% (400 mcg folic acid)		(fruit), Bilberry Extract (Vaccinium myrfillus) (fruit), Elderberry (Sambucus nigra) (fruit), Alpha Lipoic Acid, Resveratrol from (Polygonum		
Vitamin B-12 30 m (as Cyanocobalamin)	•	cuspidatum) (root), Coenzym Lutein, Pine Bark Extract (Pin	e Q-10, Lycor	pene,
Biotin (as d-Biotin) 500 m		UW50+ Herbal Blend	50 mg	
Pantothenic Acid 30 m (as d-Calcium Pantothenate)	•	Barley Grass (Hordeum vulga Extract (Dioscorea opposita)	re) (aerial), \	Wild Yam
Calcium 520 m (as Calcium Carbonate, Dicalciun and Calcium Citrate)	Phosphate	(Matricaria recutita) (flower), (Vaccinium macrocarpon) (fru (Vitex agnus-castus) (fruit), D	Cranberry iit), Vitex Cha	steberry
lodine (as Potassium lodide) 150 m	rcg 100%	sinensis) (root), Red Raspber	TV (Rubus ida	ieus)
Magnesium 100 m	ıg 24%	(leaf), Red Clover (Trifolium)	oratense) (flo	wer)
(as Magnesium Oxide)		UW50+ Collagen Blend	50 mg	*
Zinc (as Zinc Oxide) 15 m		Collagen (as Hydrolyzed Gela	tin), Silicon D	Dioxide,
Selenium (as Sodium Selenate) 100 m		Inositol, Choline Bitartrate		
Copper (as Cupric Oxide) 2 m	ng 222%	*Daily Value not established.		