

HERBALIFE

24

NUTRITION FOR THE 24-HOUR ATHLETE

REBUILD STRENGTH

**IMMEDIATE AND SUSTAINED
MUSCLE RECOVERY***



CHOCOLATE
natural flavor with other natural flavors
no artificial sweeteners



DIETARY SUPPLEMENT

NET WT: 1.78 OZ (50.5g)



* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Stop breakdown. Start rebuilding.

Rebuild Strength We've created a sustained muscle building shake that delivers a tri-core protein-amino blend of free amino acids, whey and casein proteins to help rebuild fatigued muscle over a multi-hour period.* Rebuild Strength's carbohydrate blend helps enhance muscle-recovery by supporting the delivery of amino acids for muscle synthesis.*

- **Sustained Amino Acid Delivery***
- **Rebuild Lean Muscle***
- **Support Immune Function***

24g
Protein

Tri-Core
Protein Amino Blend

3000mg†
L-Glutamine

4000mg
BCAA

DIRECTIONS: Mix 1 packet with 8 fl oz of water or liquid of your choice and shake. Consume one shake per day within 30 minutes following physical activity.

NSF Certified for Sport® (Verify this batch has been tested at www.nsf-sport.com):

- **TESTED** - Clean of athletic banned substances
- **VERIFIED** - Meets label claims and contaminant test criteria
- **AUDITED** - Manufacturing facility is GMP compliant

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

† L-Glutamine content includes free amino acid and that naturally occurring in protein.

Supplement Facts

Serving Size: 1 packet
Servings Per Packet: 1

Amount Per Serving		%DV**	Amount Per Serving		%DV**
Calories		190	Iron (as Ferrous Fumarate)		3.2 mg 18%
Total Fat		1.5 g 2%	Magnesium (as Magnesium Oxide and Magnesium Citrate)		120 mg 29%
Saturated Fat		1 g 4%	Chromium (as Chromium Chloride)		17 mcg 49%
Cholesterol		35 mg 11%	Sodium (as Sea Salt)		190 mg 8%
Total Carbohydrate		18 g 7%	Potassium (as Potassium Citrate)		450 mg 10%
Total Sugars		14 g	Stevia Extract (Leaf)		50 mg †
Includes 13 g Added Sugars		26%	Tri-Core Protein Amino Blend		14 g †
Protein		24 g 48%	Milk Protein Concentrate, L-Glutamine, Whey Protein Isolate, Whey Protein Concentrate, Instantized Branched Chain Amino Acids (BCAA) L-Leucine, Valine and Isoleucine and Calcium Caseinate		
Vitamin C (as Ascorbic Acid)		90 mg 100%	** Percent Daily Values (% DV) are based on a 2,000 calorie diet.		
Vitamin E (as DL-Alpha Tocopheryl Acetate)		3.6 mg 24%	† Daily Value not established.		
Vitamin B1 (as Thiamine Mononitrate)		1.1 mg 92%			
Vitamin B6 (as Pyridoxine Hydrochloride)		1 mg 59%			
Vitamin B12 (as Cyanocobalamin)		3 mcg 125%			
Pantothenic Acid (as Calcium D-Pantothenate)		5 mg 100%			
Calcium		405 mg 31%			

OTHER INGREDIENTS: Whey Protein Concentrate, Milk Protein Concentrate, Fructose, Sugar, Cocoa Powder (Processed with Alkali), Maltodextrin, High Oleic Sunflower Oil, Modified Food Starch, Medium Chain Triglycerides, Natural Flavors, Silicon Dioxide and Guar Gum. **CONTAINS MILK AND SOY.**
Contains bioengineered food ingredients.

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.
800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA
Made in USA with US and imported ingredients

PKT202KUS0B-00
©2021 HERBALIFE NUTRITION

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.