

gaia[®]
HERBS

USDA
ORGANIC

BLACK ELDERBERRY SYRUP

10g Fresh Elderberries
per 2 teaspoons[◇]

Delicious tonic to support
immune health*



ORGANIC
HONEY



NO ARTIFICIAL
PRESERVATIVES



NO ADDED
FLAVORS



5.4 FL OZ (160 mL)
HERBAL SUPPLEMENT

Supplement Facts

	Ages 1-3		Ages 4+	
Serving Size	½ tsp (2.5 mL)		2 tsp (10 mL)	
Servings Per Container	64		16	
Amount Per Serving	% DV		% DV	
Calories	10		35	
Total Carbohydrate	2 g	2%*	9 g	3%**
Total Sugars	2 g	†	8 g	†
Includes Added Sugars	2 g	8%*	8 g	17%**
Black Elderberry (<i>Sambucus nigra</i>) fruit juice concentrate ▲	328 mg	†	1,313 mg	†
Acerola fruit extract ▲	50 mg	†	201 mg	†

* Percent Daily Values (DV) are based on a 1,000 calorie diet.

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other ingredients: Organic cane sugar, water, organic honey
and lemon fruit juice (to preserve freshness).

▲ = Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Drive,
Brevard, NC 28712

Certified Organic by Oregon Tilth

Manufactured for Gaia Herbs by Aboca S.p.A. – Italy

PRODUCT OF ITALY

◇ Each 2 teaspoons contain the equivalent of 10 g (10,000 mg)
of fresh Elderberries.

SUGGESTED USE

Ages 4 and up: 2 teaspoons daily

Ages 1-3: ½ teaspoon daily

Shake well before use. Refrigerate after opening.

Consume within 6 months of opening. Not for use
during pregnancy. If you have a medical condition or
take medications, please consult with your doctor
before use. **Store away from children.** Do not use if
cap seal is broken.

* THIS STATEMENT HAS NOT BEEN EVALUATED
BY THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.



THE POWER OF TRANSPARENCY

The way your herbs are grown
matters. Each Gaia Herbs product
is printed with a unique Meet Your
Herbs[®] code, empowering you to
discover where and how the herbs
were cultivated and see validation
of your product's purity and
potency. Enter the ID# below at
meetyourherbs.com to learn more.



THE GAIA DIFFERENCE

- ✓ Great-tasting
- ✓ Made from whole
food ingredients
- ✓ Nothing artificial
- ✓ No added flavors
or colors

Discover our Guiding Truths at:

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A PARTNERSHIP OF MUTUAL BELIEFS

Black Elderberry Syrup is produced
in Tuscany, Italy, by Aboca, the
herbal supplement leader in
Europe since 1978. Gaia Herbs'
partnership with Aboca is born
from a mutual belief in sustainable
product development, dedication
to quality, and a deep respect
for science and nature
working in harmony.

Aboca