

Healthy Joints is specially formulated to help support healthy joints and flexibility by combining Glucosamine, Chondroitin, MSM and other vital nutrients.

SUGGESTED USE: Take 1 tablet 1 time daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. This product is not intended for persons with allergies to fish and / or shellfish. Not to be used by pregnant or nursing mothers or children under the age of 18. If you have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED
OR MISSING. STORE IN A COOL, DRY PLACE.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed By: Rise-N-Shine, LLC
17 Woodport Road, Sparta, NJ 07871
973-729-4141 • www.rise-n-shine.com



Rise-N-Shine™

HEALTHY JOINTS

Made with Glucosamine, Chondroitin,
& MSM for Support of Healthy Joints,
Muscles & Flexibility

30 Tablets
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet. Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as retinyl acetate)	15 mcg	1.5%
Vitamin C (as ascorbic acid)	.5 mg	1%
Vitamin E (as d-Alpha tocopheryl acetate)	0.335 mg	2%
Thiamin (as thiamine HCl)	.5 mg	41.5%
Riboflavin	1 mg	38.5%
Niacin (as niacinamide)	.5 mg	3%
Vitamin B-6 (as pyridoxine HCl)	.5 mg	29.5%
Vitamin B-12 (as cyanocobalamin)	5 mcg	208.5%
Zinc (as zinc amino acid chelate)	.1 mg	1%
Selenium (as selenium amino acid chelate)	10 mcg	18%
Copper (as copper amino acid chelate)	.5 mg	5.5%
Manganese (as manganese sulfate)	.16mg	7%
Chromium (as chromium amino acid chelate)	10 mcg	28.5%

Proprietary Blend 1094.5 mg *

Glucosamine Sulfate, Chondroitin Sulfate, New Zealand Green Lipped Sea Mussel, MSM (methylsulfonylmethane), L-Histidine, Boron (as boron amino acid chelate), Alfalfa Leaf Powder, Yucca Root Extract (29% saponins), Devil's Claw Root Powder, Cetyl Myristoleate

*Daily Value (DV) not established

Other ingredients: Vegetable stearic acid, calcium carbonate, microcrystalline cellulose, croscarmellose sodium, hydroxypropyl methylcellulose, vegetable magnesium stearate, and silicon dioxide.

ALLERGEN WARNING: CONTAINS CRUSTACEAN SHELLFISH (SHRIMP AND CRAB) AND SOY.

NON-GMO FORMULA!

†Contains natural and synthetic/artificial ingredients.
Results May Vary.