



Supplement Facts

Serving Size 2 Gummies
Servings Per Container 40

Amount Per Serving	% Daily Value
Calories 25	
Cholesterol less than 5 mg	1%
Total Carbohydrate 5 g	2%**
Total Sugars 4 g	*
Includes 4 g Added Sugars	7%**
Protein less than 1 g	
Vitamin A (as Retinyl Acetate) 1200 mcg	133%
Vitamin C (as Sodium Ascorbate) 60 mg	67%
Vitamin D ₃ (as Cholecalciferol) 10 mcg (400 IU)	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 13.5 mg	90%
Niacin (as Niacinamide) 13 mg	81%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 5 mg	294%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ (as Cyanocobalamin) 12 mcg	500%
Biotin 100 mcg	333%
Zinc (as Zinc Sulfate) 3.8 mg	35%
Chromium (as Chromium Chloride) 60 mcg	171%
Sodium 20 mg	1%
Fish Oil 227 mg	*
Total EPA & DHA 60 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 50 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 10 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

SUGGESTED USE: Adults, chew 2 gummies daily. This product does not contain iron. Consult with your physician as to specific iron supplementation needs.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: If you are pregnant, nursing, taking medications, or have blood clotting issues, consult your physician before use. Biotin may interfere with lab tests. If you are planning to undergo lab testing, consult your physician before use.

OTHER INGREDIENTS: Sugar, Glucose Syrup, Water, Gelatin, Citric Acid, Lactic Acid, Calcium Lactate, Natural Flavors, Malic Acid, Colors Added (Including Carmine), Tocopherols.

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878

www.NatureMade.com

Quality tested in the USA. Made to our guaranteed purity and potency standards.

Lot:
Exp.: