

SUGGESTED USE: Adults, take 1 softgel daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.



Supplement Serving Size 1 Softgel	Facts
Amount Per Softgel	% Daily Value
Biotin 1000 mcg	3,333%

caution: Biotin may interfere with lab tests. If you are taking medication or planning to undergo lab testing, consult your physician before use.

OTHER INGREDIENTS:

Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Water, Rapeseed Lecithin, Colors Added (Including Carmine).

DISTRIBUTED BY:

Nature Made Nutritional Products West Hills, CA 91309-9903, USA

1-800-276-2878

www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

*Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

