

gaia[®]
HERBS

NEW LOOK
SAME FORMULA



WOMEN

Black Cohosh

Traditionally for maintaining
balance during menopause*

Helps support women's
health, especially during
transitional states*

60

VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1g	<1%*
Organic Black Cohosh (<i>Actaea racemosa</i>) root extract	400 mg	†
Triterpene Glycosides	2 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower
lecithin, water and vegan capsule (hypromellose).
Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

SUGGESTED USE

Adults take 1 capsule 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a
medical condition or take medications, please consult with your
doctor before use. **Store away from children.** Use only as
directed on label. Safety-sealed for your protection. Keep
bottle capped at all times and store in a cool, dry place. Natural
separation may occur. This does not affect product quality.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY
THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.



meetyourherbs.com

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traceability by screening every product
and sharing the results online. See for
yourself, and learn more about your
herbs, by entering the unique ID # below
at meetyourherbs.com.

VEGAN
GLUTEN-FREE
SOY-FREE

Certified



Corporation

BEST BY:

Gaia Farm, Brevard NC



Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides,
microbes & heavy metals.

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