

100% Recycled



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Bottle

To open, press along perforation.
Please remove label before recycling.

SUGGESTED USAGE: Take one tablet 1-4 times daily, or as directed by your health care practitioner.

KEEP OUT OF REACH OF CHILDREN

Consult a health care professional prior to use if you are pregnant, lactating, taking medication or have a medical condition.

Storage: Store in a cool, dry, dark place. Do not refrigerate.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. **Contains no sugar, lactose/dairy, wheat, gluten or yeast.**

VeganGuard screened for vegans to be free of animal products.

Multi-Symptom Menopause Support

Promotes hormone balance with vitex and black cohosh traditionally used to ease discomfort, reduce severity of hot flashes and promote positive mood.*

Herbal IQ™ Guarantee

Our comprehensive Herbal IQ Guarantee program ensures thorough review by qualified herbalists of selected herbs and combinations, research-based potencies, and identity verification and purity testing of all inbound materials at our GMP-compliant, USA-based facility. Formulated by Christopher Hobbs, PhD.



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✦ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by
RAINBOW LIGHT
NUTRITIONAL SYSTEMS
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Santa Cruz, CA 95060
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HERBAL PRESCRIPTIVES

Black Cohosh Meno-Relief™

Multi-Symptom Support

Promotes Hormone Balance



60 TABLETS

HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet
Servings per Container: 60

	Amount Per Serving	% DV
Black Cohosh [root]	200 mg	*
Triterpene Glycosides	2 mg	*
Vitex (Chaste Tree) [berry] 2:1 Extract (equivalent to 400 mg of herbal powder)	200 mg	*
Kudzu [root] 4:1 Extract (equivalent to 400 mg of herbal powder)	100 mg	*
Isoflavones	40 mg	*
Alfalfa [leaf] 4:1 Extract (equivalent to 200 mg of herbal powder)	50 mg	*
Vitex (Chaste Tree) [berry] powder	250 mg	*
Red Clover [flower] powder	100 mg	*
Digestive Blend	100 mg	*
Citrus [peel]; Gentian [root]		
Tangerine [peel] Oil	0.5 mg	*
English Lavender [flower] Oil	0.5 mg	*
Valerian [root] Oil	0.5 mg	*

* Daily Value (DV) not established

Other ingredients (natural mineral or vegetable source): cellulose, vegetable stearine, modified cellulose, dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate.