

Free of gluten • wheat • milk/dairy • soy • nuts • eggs • shellfish • yeast • artificial additives • preservatives.

Supplement Facts

Serving Size 1 Packet (3 Gummies)
Servings per Container: 30

	Amount Per Serving	%DV
Calories	28	
Calories from Fat	3 g	
Total Carbohydrate	6 g	2%
Sugars	4 g	
Sodium	8 mg	<1%
Protein	<1 g	
Vitamin A (as Palmitate)	5,000 IU	63%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as D3 Cholecalciferol)	800 IU	200%
Vitamin E (as D-Alpha Tocopherol Acetate)	15 IU	50%
Vitamin B-1 (as Thiamin Mononitrate)	2 mg	118%
Niacin (as Nicotinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine)	3 mg	120%
Folic Acid	800 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	313%
Biotin	300 mcg	100%
Vitamin B-5 (as Calcium Pantothenate)	5 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Oxide)	10 mg	2%
Zinc (as Citrate)	3 mg	20%
Choline (as Bitartrate)	10 mg	*
Inositol	5 mg	*
Omega 3 Fatty Acids (from Bonito and/or Tuna Oil)	84 mg	*
Docosahexaenoic Acid (DHA)	60 mg	*
Eicosapentaenoic Acid (EPA)	12 mg	*
Other Omega 3 Fatty Acids	12 mg	*
Nourishing Fruit & Vegetable Blend	45 mg	*
Acai, Pomegranate, Cranberry, Black Currant, Papaya, Red Beet, Carrot, Purple Sweet Potato, Red Cabbage		
Probiotic TM (Lactobacillus)	100 million CFU	*

* Daily Value (DV) not established

*Percent Daily Value (DV) is based on a 2,000 calorie diet.

Other ingredients: Organic cane sugar, glucose syrup, water, gelatin, citric acid, natural flavors (mandarin, orange), tartaric acid, natural glazing agent (vegetable oil, beeswax), natural color (paprika).

Suggested Usage: Chew the contents of 1 packet (3 gummies) daily, while pregnant, nursing or trying to conceive.

New! Nutrient-rich & easy on the stomach!

Gummies

30
Stay-Fresh
Packets



Delicious Orange Zest Flavor

Prenatal Precious Gems™

14 Essential Nutrients • DHA •
Probiotics • Fruits & Veggies

Essential nutrition for Mom & Baby*

Promotes healthy brain & eye development*

Stress & energy support with B vitamins*

Aids digestion with foods & probiotics*

Gluten-Free | No Artificial Additives Dietary Supplement
3 Gummies per Packet | NET WT 10.58 OZ (300g) 90 Gummies

Key Nutrients for Mom's Health and Baby's Development

Folic Acid (Folate)

Healthful diets with adequate folate may reduce your risk of having a child with a neural or spinal cord defect.*

DHA

An Omega-3 fatty acid necessary for the development of your baby's brain and eyes.*

Vitamin B Complex, including Biotin

B vitamins are necessary for supporting Mom's energy and reducing her stress levels. Biotin may support Baby's healthy neural tube development.*

Vitamin D3

Critical for helping build your baby's bones and teeth.* Research shows vitamin D3 is better absorbed than vitamin D2.

Zinc

A mineral needed for Baby's healthy immune system.*

Potencies in Prenatal Gems

800 mcg

Fulfills 100% of the daily value for pregnant women.

60 mg

Excellent source of Omega-3 DHA, providing 75% of the 160 mg Daily Value for a combination of EPA and DHA. Helps meet the 100 mg per day recommended for pregnant women by the National Institutes of Health.

2 mg B1, 20 mg B3, 3 mg B6, 25 mcg B12, 5 mg B5

Provides B vitamins Mom and Baby need.

300 mcg Biotin

Provides 100% of the daily value for pregnant women.

800 IU

Provides 200% of the daily value for pregnant women. Many pregnant women have inadequate levels of vitamin D3.

3 mg

A good source of zinc, providing 20% of the recommended daily value for pregnant women.

Item #12151 BX/1.0-0

Manufactured in Colombia
Formulated and Distributed by Rainbow Light Nutritional Systems™
Santa Cruz, CA 95060 800-571-4701
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Delicious, nutrient-rich prenatal gummy multivitamin, from the #1 Natural Prenatal Brand.*

Our iron-free Prenatal Precious Gems™ are a delicious, convenient way to nourish Mom and Baby from conception through nursing.*

• Nourishes Mom & Baby*

800 mcg folic acid • 800 IU vitamin D3 • essential nutrients

• Promotes Baby's brain, spinal cord & eye development*

DHA • vitamins A & C • choline • biotin

• Boosts energy & lowers occasional stress* Vitamin B's

• Aids digestion: can be taken without food* 100 million CFU probiotics • concentrated fruits & vegetables

KEEP OUT OF REACH OF CHILDREN.

Consult your health care professional prior to use if you are taking medication or have a medical condition.

Store in a cool, dry place away from heat or direct sunlight.

Your purchase sends life-saving nutrition to at-risk women & children worldwide.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Lot Number & Best Before:



*SPINS Data