



ALLERGEN
SafeGuard® Guaranteed free of gluten,
 yeast, milk, eggs, soy, nuts, fish/shellfish.

Whole food prenatal multivitamin with antioxidants provides comprehensive support for baby's healthy development and mother's immunity and vitality.

Strength & Energy with whole foods and botanicals that protect mother's system, tonifies the womb and supports vital immune resistance and natural energy.*

Antioxidant Protection with spirulina, blueberry, pomegranate, broccoli, kale and beet fight against free radical damage*, protect cellular integrity for vitality and healthy fetal development.

Digestive, Liver Support Botanicals soothe the stomach and strengthen digestion providing daily liver support.*

Research-Based Nutrition long term health protection including 800 IU vitamin D3, 1,000 mcg folic acid and 18 mg non-constipating iron to support a healthy pregnancy, fetal development and delivery.*

SUGGESTED USAGE: 2-4 capsules daily, with or between meals.

Produced in our certified organic facility in the USA.

Purity Guarantee: Allergen SafeGuard®: Contains no gluten, soy, yeast, milk, eggs, nuts, fish or shellfish. 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and additives.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW LIGHT® CERTIFIED ORGANICS.

Prenatal Multivitamin

Made with
 Organic
 Fruits & Vegetables

Pure | Nutrient-Rich | Safe

Dietary Supplement
 120 vegetarian capsules

*Spirulina
 Mountain
 Cranberry
 Pomegranate
 Blueberry
 Broccoli
 Kale
 Beet
 Artichoke
 Ginger*

To open, press along perforation.

Supplement Facts

Serving Size: 4 capsules
 Servings per Container: 30

Amount Per Serving % DV*	Amount Per Serving % DV*
Vitamin A (as Beta-carotene) 2,500 IU 31%	Molybdenum (as Amino Acid Chelate) 75 mcg *
Vitamin C (as Ascorbic Acid) 60 mg 100%	Organic Spirulina 1,000 mg *
Vitamin D (as D3 Cholecalciferol) 800 IU 200%	Strength & Energy Blend 360 mg *
Vitamin E (as d-alpha Tocopheryl Succinate) 30 IU 100%	Red Raspberry [leaf] 2:1 Extract, Organic Mountain Cranberry, Organic Pomegranate Extract, Organic Blueberry, Organic Broccoli, Organic Kale, Organic Beet
Vitamin B-1 (as Thiamin Mononitrate) 15 mg 882%	Gentle Digestive Support 712 mg *
Riboflavin (Vitamin B-2) 17 mg 850%	Protease 1,622 HUT *
Niacin (as Nicotinamide) 30 mg 150%	Amylase 563 DU *
Vitamin B-6 (as Pyridoxine) 15 mg 600%	Lipase 6 LU *
Folic Acid 1,000 mcg 125%	Cellulase 7 CU *
Vitamin B-12 (as Cyanocobalamin) 66 mcg 825%	Lactobacillus Sporogenes 25,000,000 CFU *
Biotin 300 mcg 100%	Organic Inulin (Agave) 710 mg *
Vitamin B-5 (as Calcium Pantothenate) 10 mg 100%	Liver Support Botanicals 160 mg *
Iron (as Amino Acid Chelate, Carbonyl) 18 mg 100%	(equivalent to 640 mg of herbal powder)
Iodine (from Kelp) 150 mcg 100%	Organic Ginger [root]
Zinc (as Citrate) 7 mg 47%	Juice 4:1 Extract, Organic Artichoke [leaf and flower] 4:1 Extract
Selenium (as Selenomethionine) 50 mcg *	
Copper (as Amino Acid Chelate) 700 mcg 35%	
Manganese (as Citrate) 1 mg *	
Chromium (as Amino Nicotinate) 150 mcg *	

* Daily Value (DV) not established.
 †% DV for Pregnant or Lactating Women

Formulated & Distributed by **Rainbow Light Nutritional Systems®**
 Santa Cruz, CA 95060 Made in the USA ©2012 800.571.4701 www.rainbowligh.com

Certified Organic by Quality Assurance International

Other ingredients (natural or mineral source): Organic brown rice protein, silica. Capsule: Pullulan (vegetable polysaccharide).