

One™ Advanced Multivitamin Ultra-Pure Prenatal DHA Smart Essentials™

SUGGESTED USAGE: Take 1 Prenatal One™ tablet and 1 Prenatal DHA softgel daily, together or separately, with or between meals.

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 30		
Amount Per Serving		%DV*
Vitamin A (as Palmitate, Beta-carotene)	4,000 IU	80%
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin D (as D3 Epicalciferol)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Vitamin K (as Phytanadione)	65 mcg	-
Vitamin B-1 (as Thiamin Mononitrate)	10 mg	588%
Riboflavin (Vitamin B-2)	10 mg	500%
Niacin (as Nicotinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine)	15 mg	800%
Folic Acid	800 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	313%
Biotin	300 mcg	100%
Vitamin B-5 (as Calcium Pantothenate)	15 mg	150%
Calcium (as Citrate, Citrate-Malate)	200 mg	15%
Iron (as Amino Acid Chelate)	30 mg	167%
Iodine (from Kelp)	150 mcg	100%
Magnesium (as Oxide)	100 mg	25%
Zinc (as Citrate)	15 mg	100%
Selenium (as Selenomethionine)	100 mcg	-
Copper (as Amino Acid Chelate)	2 mg	100%
Manganese (as Citrate)	2 mg	-
Chromium (as Amino Nicotinate)	120 mcg	-
Molybdenum (as Amino Acid Chelate)	75 mcg	-
Potassium (as Citrate)	10 mg	-
Citrus Bioflavonoid Complex	25 mg	-
Choline (as Bitartrate)	10 mg	-
Inositol	10 mg	-
Boron (as Glycinate)	1 mg	-
Gentle Prenatal Blend	30 mg	-
(equivalent to 320 mg food & herbal powder)		
Red Raspberry (leaf) 2:1 Extract, Ginger (rhizome) Fresh Juice 10:1 Extract, Organic Spirulina		
Complete Digestive Support	24 mg	-
Protease (600 HUT*), Amylase (220 DU*), Lipase (5 IU*), Cellulase (5 IU*)		
Lactobacillus Sporeformers	25,000,000 CFU	-

*Daily Value (DV) not established.
† % DV for pregnant or lactating women

Other Ingredients (natural mineral and vegetable source): microcrystalline cellulose, stearic acid, modified cellulose, silica. Coating: Vegetable food glaze (Hydrixy propyl cellulose, pharmaceutical glaze).

Supplement Facts		
Serving size: 1 Softgel Servings Per Container: 30		
Amount Per Serving		%DV*
Calories	10	-
Calories from fat	10	-
Total Fat	1 g	1%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Choline (as Bitartrate)	50 mg	-
Purified Deep Sea Fish Oil	416 mg	-
Omega-3 Fatty Acids:	308 mg	-
Eicosapentaenoic acid (EPA)	33 mg	-
Docosahexaenoic acid (DHA)	250 mg	-
Mixed Tocopherols	30 mg	-
Orange (peel) Essential Oil	15 mg	-

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Other Ingredients: soybean oil, yellow beeswax, silica, ascorbyl palmitate, lecithin (soy). Softgel Shell: gelatin, purified water, glycerin, natural caramel color, natural orange oil, zinc oxide, citric. Contains anchovy, sardine, mackerel and/or wild, sustainable, deep sea Pacific Ocean fish.

Exceptional Quality, Purity & Sustainability
Ultra-Pure Prenatal DHA is sourced from sustainable, wild, deep ocean fish, purified by a solvent-free molecular distillation process and independently tested by a certified third party for heavy metals and toxins, in compliance with strict international standards.

Purity Guarantee: Contains no gluten, lactose/dairy, yeast, nuts, eggs or sugar. Free of artificial colors, flavors, sweeteners, preservatives and additives.

Consult your health care practitioner prior to use if you are taking medication or have a medical condition.

Manufactured in Colombia.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

RAINBOW LIGHT®
#1 Natural Prenatal Brand

JUST ONCE® Daily

Prenatal & Postnatal
Advanced Multivitamin
+ Ultra-Pure DHA

Promotes Mom's Health & Baby's Development*
Natural Nutrition & Energy*
Whole Foods & Essential Nutrients
Science-based Potencies

Gentle on the Stomach*
Probiotics, Enzymes & Non-Constipating Iron

No Gluten, Lactose/Dairy, Yeast, Nuts, Eggs or Sugar

1 Month Supply 30 Tablets + 30 Softgels

DIETARY SUPPLEMENTS

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The #1 Natural Prenatal Multivitamin
Prenatal One™ Advanced Multivitamin
contains essential nutrients in combinations and potencies that are based on scientific research to promote baby's healthy development, and enhance Mom's health and energy.* Just one tablet a day provides key vitamins and minerals plus whole foods, plant-sourced enzymes and probiotics – for complete nutrition without stomach upset, "vitamin" aftertaste or constipation (contains non-constipating iron).* Ideal nourishment when preparing for pregnancy, throughout pregnancy and while nursing.*



1 When combined with average daily intake of 50 mg DHA, for a total of 300 mg daily.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW LIGHT®
JUST ONCE® Daily

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Advanced Multivitamin + Ultra-Pure DHA

No Gluten, Lactose/Dairy, Yeast, Nuts or Eggs
No Artificial Additives

No Sugar or Sweeteners
No Sodium


vitamin angels

This purchase sends life-saving nutrition to at-risk women and children worldwide.

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