Free of milk/dairy • nuts • eggs • fish • shellfish • yeast • artificial additives • preservatives.

100% Recycled, 100% Recyclable, BPA-Free Bottle Please remove label to recycle bottle.

To open, press along perforation.

Nourishing food-based multivitamin provides advanced support for growing minds and bodies* Our flagship kids' multivitamin fills the gaps in your child's diet with levels of key nutrients that go beyond minimum daily values, plus nutrient-dense whole foods – all without artificial ingredients!

- Advanced nutritional support for picky eaters*
 Full range of vitamins, minerals & antioxidants •
 bioflavonoids Wholesome Food Complex •
 organic spirulina wheat sprouts •
 sea vegetables
- Brain, nervous system & immune support*
 Vitamins A, B, C, D₃ & E iron inositol •
 lecithin astragalus zinc
- Gentle on the Tummy: Easy to digest*
 Prebiotic FOS plant-source enzymes

of age, chew 1 daily. Children 4 years and older, chew 2 daily. Caution: to be chewed only. Not intended to be swallowed whole. Store in a dry place, tightly closed.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of stall poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Formulated & Distributed by RAINBOW LIGHT NUTRITIONAL SYSTEMS⁴
Santa Cruz, CA 95060 800.571.4701 © 2013 www.rainbowlight.com
6.5-3 †SPINS Data



Advanced nutrition plus veggies & green foods*

No artificial colors, flavors or sweeteners

Tummy friendly with plant-source enzymes*

Milk/Dairy Free | Yeast-Free 120 Chewable Tablets | Dietary Supplement

	Amount	%DV for	Amount	%DV fo
Amount per Serving	Per 1Tablet	Children Under 4	Per 2 Tablets	Children Over
Calories	7.5		15	
otal Carbohydrate	1.5 g	<1	3 g	<
Sugars	1.5 g	*	3 g	
/itamin A (as Beta-carotene,	- 500 111	1220/	- 300 111	100/
Palmitate)	2,500 IU	100%	5,000 IU	1009
/itamin C (as Ascorbic Acid)	60 mg	150%	120 mg	2009
/itamin D (as D ₃ Cholecalciferol)	25 IU	6%	50 IU	139
Vitamin E (as d-alpha Tocopheryl)	15 IU	150%	30 IU	1009
Vitamin B-1 (as Thiamin Mononitrate)	1.5 mg	214%	3 mg	200
Riboflavin (Vitamin B-2)	1.7 mg	213%	3.4 mg	200
Niacin (as Niacinamide)	10 mg	111%	20 mg	100
Vitamin B-6 (as Pyridoxine)	2 mg	286%	4 mg	200
Folic Acid	100 mcg	50%	200 mca	50
Vitamin B-12 (as Cvanocobalamin)	3 mcg	100%	6 mcg	100
Riotin	75 mcg	50%	150 mcg	50
Vitamin B-5 (as Calcium Pantothenate)	5 mg	100%	10 mg	100
Calcium (as Carbonate)	20 mg	3%	40 mg	4
Iron (as Carbonyl)	20 mg	30%	6 mg	331
lodine (as Potassium Iodide)	35 mcg	50%	70 mcg	47
Magnesium (as Hydroxide)	20 mg	10%	40 mg	10
Zinc (as Oxide)	2.5 mg	31%	5 mg	33
Selenium (as Proteinate)	3.75 mcg	J1/0 *	7.5 mcg	11
Manganese (as Sulfate)	0.5 mg	*	1 mg	50
Chromium (as Glycinate, Dinicotinate)	25 mcg	*	50 mcg	42
Potassium (as Citrate)	15 mg	*	30 mg	1
Citrus Bioflavonoid Complex	15 mg	*	30 ma	
Lecithin (from Sov)	5 mg	*	10 mg	
Phosphatidylcholine	1.5 mg	*	3 mg	
PABA (para-Aminobenzoic Acid)	750 mcg	*	1.5 mg	
Inositol	1 mg	*	2 mg	
Fructooligosaccharides (FOS)	25 mg	*	50 mg	
Wholesome Food Complex	2011.0			
4:1 Vegetable Concentrates	10 mg	*	20 mg	
(equivalent to 80 mg of vegetable powder) Celery, Carrots, Spinach, Broccoli, Parsley, Beet				
Organic Spirulina	10 mg	*	20 mg	
Wheat Sprouts	5 mg	*	10 mg	
Herbal Tonics 4:1 Extracts	8 mg	*	16 mg	
(equivalent to 64 mg of herbal powder] [herb], Stinging Nettle [tops], Astragali Jujube [fruit], Seaweed (Atlantic Kelp)	Horsetail us [root],			
Plant-Source Digestive Enzymes	2221111		· ccc IIIIT	
Protease	900 HUT		1,800 HUT	
Lipase	1 FIP	*	2 FIP	
Amylase	70 DU	-	140 DU	
Cellulase	1 CU	-	2 CU	

Other ingredients: natural mineral or vegetable source fructose, cellulose, stearic acid, silica, orange and pineapple flavors, citric acid, turmeric.