



ALLERGEN
SafeGuard® Guaranteed free of gluten,
yeast, milk, eggs, soy, nuts, fish/shellfish.

Whole food multivitamin with antioxidants and targeted herbal complexes renews men's core body systems at the cellular level for sustained energy, immunity and longevity.

Strength & Energy with adaptogenic herbs and whole foods that fortify and protect the male system, promoting physical energy and stamina.*

Antioxidant Protection with Resveratrol helps neutralize free radical damage and protects cellular integrity for increased vitality.* Antioxidants are studied for anti-aging benefits that protect telomere length, chromosomal DNA sequences that shorten with aging.

Digestive & Liver Support with milk thistle and artichoke promotes liver health, strengthens digestion and builds a foundation for natural immune resistance and wellness.*

Research-Based Nutrition long term health protection including 1,000 IU Vitamin D3, a potent B-complex and 25 million probiotics.



SUGGESTED USAGE: 2-4 capsules daily, with or between meals, may be sprinkled on food. Produced in our certified organic facility in the USA.

Purity Guarantee: Allergen SafeGuard®: Contains no gluten, soy, yeast, milk, eggs, nuts, fish or shellfish. 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and additives.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW LIGHT® CERTIFIED ORGANICS®

Men's Multivitamin

Made with
Organic
Fruits &
Vegetables

Energy | Strength | Longevity

Dietary Supplement
120 vegetarian capsules

*Spirulina
American
ginseng
Hawthorn
Schisandra
Green Tea
Acai, Goji
Pomegranate
Blueberry
Broccoli
Kale, Beet
Milk Thistle
Artichoke*



To open, press along perforation.

Supplement Facts

Serving Size 4 capsules
Servings per Container: 30

Amount Per Serving		% DV	Amount Per Serving		% DV
Vitamin A (as Beta-Carotene)	2,500 IU	50%	Resveratrol Complex (Polygonum)	8 mg	*
Vitamin C (as Ascorbic Acid)	60 mg	100%	Strength & Energy	280 mg	*
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%	(equivalent to 880 mg of herbal powder)		
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%	Organic Green Tea [Leaf] 5:1 Extract,		
Vitamin B-1 (as Thiamin Mononitrate)	27 mg	1,800%	Organic Hawthorn [Berry] Extract,		
Riboflavin (Vitamin B-2)	25 mg	1,471%	Organic American Ginseng [root] 4:1 Extract, Organic		
Niacin (as Nicotinamide)	30 mg	150%	Schisandra [Berry] Extract		
Vitamin B-6 (as Pyridoxine)	18 mg	900%	Antioxidant Whole Foods	56 mg	*
Folic Acid	400 mcg	100%	Organic Acai Berry, Organic		
Vitamin B-12 (as Cyanocobalamin)	66 mcg	1,100%	Goji Berry, Organic		
Biotin	500 mcg	167%	Pomegranate Extract, Organic		
Vitamin B-5 (as Calcium Pantothenate)	10 mg	100%	Blueberry, Organic Broccoli,		
Iodine (from Kelp)	55 mcg	37%	Organic Kale, Organic Beet		
Zinc (as Citrate)	7 mg	47%	Gentle Digestive Support	714 mg	*
Selenium (as Selenomethionine)	75 mcg	107%	Protease	1,622 HUT	*
Copper (as Amino Acid Chelate)	700 mcg	35%	Amylase	563 DU	*
Manganese (as Citrate)	2 mg	100%	Lipase	6 LU	*
Chromium (as Amino Nicotinate)	75 mcg	63%	Cellulase	7 CU	*
Molybdenum (as Amino Acid Chelate)	75 mcg	100%	Lactobacillus Sporogenes	25,000,000 CFU	*
Organic Spirulina	1,000 mg	*	Organic Inulin (Agaire)	700 mg	*
			Liver Support Herbs	124 mg	*
			(equivalent to 496 mg of herbal powder)		
			Organic Milk Thistle [seed] 4:1 Extract, Organic Artichoke [leaf and flower] 4:1 Extract,		
			Organic Ginger [root] Juice Extract 4:1		

* Daily Value (DV) not established.

Formulated & Distributed by **Rainbow Light Nutritional Systems®**
Santa Cruz, CA 95060 Made in the USA ©2012 800.571.4701 www.rainbowlight.com

Certified Organic by Quality Assurance International

Other ingredients (natural or mineral source): Organic brown rice protein, silica, Capsule: Pullulan (vegetable polysaccharide).