

WELLNESS

ENERGY

EXTENDED RELEASE

CTD
Sports

QUALITY PERFORMANCE NUTRITION

MULTI ELITE

WHOLE FOOD MULTIVITAMIN[†]

Fruits &
Veggies120
TABLETS

Dietary Supplement

Supplement Facts

	Amount Per Serving	%DV
Vitamin A (as Beta-Carotene and Alpha-Carotene)	10000 IU	200%
Vitamin C	500 mg	834%
(as Ascorbic Acid, Ascorbyl Palmitate, from Calcium Ascorbate, Potassium Ascorbate, Zinc Ascorbate)		
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin E	200 IU	667%
(as D-Alpha Tocopherol Succinate and Mixed Tocopherols)		
Thiamine (as Thiamine Mononitrate)	37.5 mg	2500%
Vitamin B-2 (as Riboflavin-5-Phosphate)	37.5 mg	2206%
Niacin (as Niacinamide and Inositol Hexaniacinate)	37.5 mg	188%
Vitamin B-6 (as Pyridoxine HCl)	37.5 mg	1875%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	37.5 mcg	625%
Biotin	400 mcg	133%
Pantothenic Acid (as Calcium-D-Pantothenate)	37.5 mg	375%
Calcium	500 mg	50%
(as Calcium Carbonate, Calcium Ascorbate, Calcium Fumarate, Calcium Aspartate, Calcium Citrate, Calcium Malate, Calcium Succinate, Calcium Gluconate)		
Iodine (from Kelp)	75 mcg	50%
Magnesium (as Magnesium Oxide)	250 mg	63%
(as Zinc Citrate, as Zinc Ascorbate, as Zinc Picolinate, as Zinc Monomethionine, as Zinc Aspartate as Zinc Gluconate)	25 mg	167%
Selenium (as L-Selenomethionine)	50 mcg	71%
Copper (as Copper Gluconate)	1 mg	50%
Manganese	5 mg	250%
(as Manganese Gluconate, Manganese Amino Acid Chelate, Manganese Citrate, Manganese Aspartate)		
Chromium (as Chromium Picolinate)	50 mcg	42%
Potassium	49.5 mg	1%
(as Potassium Citrate, Potassium Ascorbate, Potassium Gluconate, Potassium Aspartate)		
Vegetable Complex	50 mg	*
(Broccoli Head Powder, Celery Seed Powder, Cauliflower Bulb Powder, Cabbage Leaf Powder,		

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, DiCalcium Phosphate, Croscarmellose Sodium, Magnesium Stearate, Sorbitol, Silicon Dioxide, Gamma Cyclodextrin, Xanthan Gum, Inulin, Alfalfa Juice Concentrate, Phosphatidylserine, Pharmaceutical Glaze (Shellac, Povidone).

Contains: Soy, Milk.

Directions For Use: As a dietary supplement, take 1-3 tablets daily before a meal. If you are taking any medications or have any health conditions, consult a physician beforehand.

WARNING: Consult your health care provider before consuming this product. Do not use if you are pregnant or breastfeeding. Not intended for use by persons under the age of 18.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Serving Size: 3 Tablets

Servings Per Container: 40

	Amount Per Serving	%DV
Brussels Sprouts Powder, Wild Yam Root Powder, Collards Leaf Powder, Carrot Root Powder, Spinach Leaf Powder)	50 mg	*
Citrus Complex		
(Lemon Fruit Powder, Lime Fruit Powder, Tangerine Fruit Powder, Grapefruit Powder, Orange Fruit Powder)		
Garlic Root Extract	50 mg	*
Rutin	25 mg	*
Hesperidin Complex	25 mg	*
Betaine Hydrochloride	25 mg	*
Ginger Root Powder	15 mg	*
Spirulina Powder	15 mg	*
Chlorella Cracked Cell Wall Powder	15 mg	*
Barley Grass Powder	15 mg	*
Echinacea Purpurea Herb Powder	15 mg	*
Goldenrod Root Powder	15 mg	*
Polypheanol Complex		
(Grape Fruit Extract, Green Tea Leaf Extract)		
Probiotic Blend	12.5 mg	*
(Lactobacillus Acidophilus, Lactobacillus Bulgaricus, Lactobacillus Bifidus)		
Licorice Root Extract	12.5 mg	*
Bilberry Fruit Extract	12.5 mg	*
L-Glutathione	10 mg	*
Pancreatin	8.25 mg	*
Bromelain	8.25 mg	*
Papain	8.25 mg	*
Garlic Bulb Powder	5 mg	*
Co Enzyme Q10	3 mg	*
Boron (as Boron Aspartate, Boron Citrate)	1 mg	*
Alpha Lipic Acid	1000 mcg	*
Carotenoid Complex	50 mcg	*
(Zeaxanthin, Cryptoxanthin)		
Lycopene	49.5 mcg	*
Lutein	49.5 mcg	*

* Daily Value (DV) not established

Keep Out of reach of Children

CTD Sports
5784 S. 1st Rd.
Carmichael, CA 95608
www.ctdsports.com