

Best Naturals Vitamin D softgels supply this key vitamin in a highly-absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes even more necessary to ensure that your body receives an adequate supply.\* Certain research publications indicate that Vitamin-D may help support the following:

- Supports bone and dental health\*
- Supports healthy muscle movement\*
- Supports healthy heart and immune function\*
- Supports calcium absorption in gut\*
- Supports cognitive health in older adults\*

**SUGGESTED USE:** As a dietary supplement, take one (1) softgel daily with a meal. Consider taking this product in combination with Best Naturals Vitamin A and Calcium.

*Keep out of the reach of children.  
Do not use if safety seal is broken or missing.  
Keep in cool, dry place.*

*\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.*



# Vitamin D3

**Premium Formula**



**5,000 IU** High Potency

*3rd Party Lab Tested*

360 SOFTGELS

DIETARY SUPPLEMENT

## Supplement Facts

Serving size: 1 softgel  
Servings per container: 360

	Amount per serving	%Daily Value
Vitamin D (as D3 cholecalciferol)	125 mcg (5,000 IU)	625%

**Other Ingredients:** Safflower oil, gelatin, vegetable glycerin, sunflower oil.

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.*

Manufactured for Best Naturals,  
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Lot# Exp#

