Vitamin B-6, also called pyridoxine, is one of the more popular members of the B-vitamin family and is found in fresh vegetables. It is an essential nutrient required for the metabolism of lipids, carbohydrates, and proteins. Vitamin B-6 also plays an important role in regulating homocysteine levels in the body. Homocysteine is produced as a by-product of the demethylation of methionine and can be toxic in elevated amounts.† Certain research publications indicate that it may help support the following:

- Supports healthy heart & brain function.†
- Supports healthy red blood cells.†

SUGGESTED USE: As a dietary supplement, take one (1) tablet one to three times daily, preferably with meals, or as directed by your qualified healthcare professional.

Keep out of the reach of children.
Do not use if safety seal is broken or missing.
Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MADE IN USA

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Best Naturals®

Vitamin B-6

Premium Formula

GOOD MANUFACTURING PRACTICE GMP PRODUCT

200 mg

3rd Party Lab Tested

120 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving size: 1 tablet
Servings per container: 120

	Amount per serving	%Daily Value
Vitamin B-6 (as pyridoxine hydrochloride)	200 mg	11764%

Other Ingredients: Dicalcium phosphate, cellulose, silica, vegetable magnesium stearate, stearic acid, croscarmellose sodium.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

Manufactured for Best Naturals,
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Lot# **Exp#**