

SUGGESTED USE: As a dietary supplement take two (2) veggie capsules once a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- ✓ GLUTEN FREE
- ✓ GMP CERTIFIED
- ✓ NON-GMO
- ✓ MADE IN THE USA



Lot # and Expiration Date Printed
on Bottom of Bottle

V5R0

LOVE METM

NUTRITION

Stop Freaking OutTM

Calm · Focus · Our Positive Mood Support*

Helps the body resist physical,
chemical & everyday
environmental stress*

B complex, Rhodiola Root

MADE WITH NATURAL INGREDIENTS
Dietary Supplement · 60 Veggie Capsules

Supplement Facts

Serving Size: 2 Veggie Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin B1	12 mg	800%
Vitamin B2	12 mg	700%
Vitamin B5	16 mg	160%
Vitamin B6	8 mg	400%
Niacin	28 mg	140%
Biotin	300mcg	100%
Calcium Carbonate	25 mg	3%
Magnesium Oxide	25 mg	6%
Zinc Oxide	25 mg	160%
Potassium Gluconate	25 mg	***
Proprietary Blend	830 mg	**
<i>Rhodiola Ext Sal 1% HPLC, Lutein 5%, Ashwagandha, Chamomile, GABA, Lemon Balm, Skullcap, Hawthorn, Bacopa (Brahmi), Magnolia, Passion Flower, Valerian, L-Theanine, Oat Straw (Avena Sativa) 20:1, Mucuna Pruriens 14% HPLC, St John's Wort, Hops, Griffonia Seed Ext 5-HTP</i>		

** Daily Value (DV) not established

*** Less than 2% of Daily Value

INACTIVE INGREDIENTS: Cellulose (Vegetable Capsule),
Rice Flour, Magnesium Stearate, Silicon Dioxide.