



BEST NEST
— WELLNESS —

LIVE BEAUTIFULLY
through NEURO-NUTRITION*

One Fish, Two Fish™

Prenatal DHA for a Healthy Pregnancy*

SUPERIOR TRIGLYCERIDE FORM

DIETARY
SUPPLEMENT
60 SOFTGELS

SUPPLEMENT FACTS

Serving Size: 2 Softgels

	Amount Per Serving	%DV†
Calories	10	**
Calories from Fat	10	**
Total Fat	0.5 g	0.5%
Saturated Fat	135 mg	1%
Trans Fat	0 g	0%
Polyunsaturated Fat	< 0.5 g	**
Monounsaturated Fat	< 0.5 g	**
Cholesterol	0 mg	**
Vitamin E	10 IU	33%
Omega 3 Fish Oil ‡	840 mg	**
EPA	250 mg	**
DHA	500 mg	**
** Daily Values (DV) not established.		
† %Daily Values for pregnant or lactating women		

Other Ingredients: Fish Oil in Omega-3 Triglyceride Form (rTAG) from Anchovies, Glycerin, Gelatin, Natural (non-GMO) Tocopherols, Purified Water, Natural Lemon Flavor

‡Expressed as Triacylglycerols (TAG)

Allergen: Fish