

SUGGESTED USE:

As a dietary supplement, mix 1 scoop daily with 8-12 oz of water or as directed by your healthcare professional.
DO NOT EXCEED 2 SCOOPS IN ANY 24 HOUR PERIOD.

Beta-Alanine may produce a slight flushing and/or prickly sensation which is harmless and will subside within hours of use.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

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nutricost®
PERFORMANCE

PRE

PRE-WORKOUT COMPLEX

16G

PER SERVING

60

SERVINGS

960G

PER CONTAINER

WATERMELON

MADE WITH NATURAL FLAVORS & COLORS

NET WT. 33.9 OZ (2.1 LB) (960 G)
DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Scoop (16g)

Servings Per Container: 60

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Total Carbohydrate	1g <1%	Agmatine Sulfate	500mg **
Thiamin (as thiamine mononitrate)	50mg 4,170%	L-Tyrosine	500mg **
Niacin	25mg NE 160%	L-Theanine	300mg **
Vitamin B6 (as pyridoxine HCl)	60mg 3,530%	Caffeine Anhydrous	300mg **
Vitamin B12 (as methylcobalamin)	200mcg 8,330%	Theobromine	200mg **
L-Citrulline Malate 2:1	6,000mg **	Huperzine A	200mcg **
Beta-Alanine	3,000mg **		
Taurine	2,000mg **		

Other ingredients: Natural flavors, tartaric acid, calcium silicate, silicon dioxide, sucralose, citric acid, beet root powder (for color).

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

