

Daily Sterol & Stanol Amounts



Amount of
Phytosterols

The National Institutes of Health
(NIH) Therapeutic Lifestyle
Change Guidelines Recommends: **2000 mg**

Many Americans Consume
As Little As: **- 200 mg**

CholestOff Plus®
Provides Additional: **1800 mg**

‡ Products containing at least 400 mg per serving of plant sterols and stanols, eaten twice a day with meals for a daily intake of at least 800 mg as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.

One serving of Nature Made CholestOff Plus® supplies 900 mg of plant sterols and stanols for a daily intake of 1800 mg.

100% MONEY BACK GUARANTEE

For details visit NatureMade.com/guarantee

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND

Nature Made.

CholestOff Plus®



**Clinically proven
to lower cholesterol‡**

With 900 mg plant
sterols & stanols
per serving

Dietary
Supplement

100 SOFTGELS

- ✓ **No Synthetic Dyes - Colors Derived From Natural Sources**
- ✓ **No Artificial Flavors**
- ✓ **No Preservatives**
- ✓ **Gluten Free**

SUGGESTED USE: Adults, take 2 softgels twice daily with water at your two largest meals.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: If you are pregnant, nursing, or taking any medications, consult your physician before use.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 50

Amount Per Serving	% Daily Value
Calories 15	
Total Fat 1.5 g	2%*
Protein less than 1 g	
Plant sterols/stanols (from esters)** 900 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Plant Sterols/Stanol (Pine Tree), Sunflower Oil Esters, Gelatin, Glycerin, Medium Chain Triglycerides, Rapeseed Lecithin, Water, Colors Added (Including Carmine).

DISTRIBUTED BY:

Nature Made Nutritional Products
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1-800-276-2878 • www.NatureMade.com



Reducol® is a trademark of Pharmachem Laboratories Inc.

††Sterols/Stanol are esterified with sunflower oil fatty acids.

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

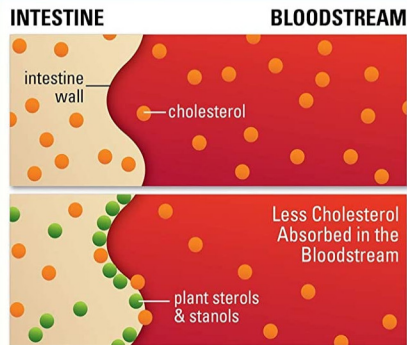
Nature Made CholestOff Plus® is made with esterified Reducol™, a proprietary blend of plant-based sterols and stanols (also called phytosterols) which help lower LDL ("bad") cholesterol.‡

✓ **Reducol** lowers cholesterol by reducing the absorption of dietary cholesterol into the bloodstream.‡

✓ **CholestOff Plus®** is an easy-to-swallow softgel.

BEFORE taking CholestOff Plus®

dietary cholesterol is absorbed into the bloodstream



AFTER taking CholestOff Plus®

less dietary cholesterol is absorbed into the bloodstream



For more product information,
please visit www.NatureMade.com