

Doctor's Best Three Defenders Mushroom Complex contains beta-D-glucans from an organic trio of mushrooms – Lion's Mane, Reishi and Shiitake. Mushrooms are powerhouses from the Fungi Kingdom with nutritional and health benefits for thousands of years. Ancient royalty has sought mushrooms for longevity, circulation, cognition, digestion, nerve, liver, and skin health.* These mushrooms contain antioxidants with immunostimulatory effects to optimize the immune system.*

Helps optimize the immune system*

Helps maintain healthy immune response*

Helps support cognition*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB568

Dietary
Supplement

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Three Defenders Mushroom Complex

**Lion's Mane
Reishi
Shiitake**

**HELPS OPTIMIZE
THE IMMUNE SYSTEM***

90 Veggie Caps **Vegan™**

Supplement Facts

Serving Size 2 Veggie Capsules

Servings Per Container 45

Amount Per Serving	%Daily Value
Three Defenders Mushroom Complex 1000 mg	†
Proprietary Blend	
containing 280 mg Beta-D-glucans from	
Red Reishi Mushroom Ext. (<i>Ganoderma lingzhi</i>) (fruit body),	
Shiitake Mushroom Ext. (<i>Lentinula edodes</i>) (fruit body),	
Lion's Mane Mushroom Ext. (<i>Hericium erinaceus</i>) (fruit body)	

† Daily Value not established.

Other Ingredients: Hypromellose (vegetarian capsule), silicon dioxide, stearic acid, microcrystalline cellulose.

Suggested Adult Use: Take 2 capsules daily or as recommended by a nutritionally informed physician.

Non-GMO / Gluten Free / Soy Free / Vegan

This product contains natural ingredients that may vary in color. Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
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