L-Glutamine is the most abundant free amino acid found in the body, comprising more than 60% of the free amino acid pool in skeletal muscle and greater than 20% of total circulating amino acids. It is involved in many metabolic processes, including the synthesis and protection of muscles tissue, the production of glycogen, and immune support during periods of immune and muscular stress.* Certain research publications indicate that it may help support the following:

- Supports muscle mass*
- Supports the integrity of the intestinal lining*
- Supports proper mental function*

**SUGGESTED USE:** As a dietary supplement, take one (1) rounded teaspoon (5 g) in juice, preferably between meals, one to three times daily as needed.

***Keep out of the reach of children.***
***Do not use if safety seal is broken or missing.***
***Keep in cool, dry place.***

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PACKAGED IN USA

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Best Naturals®

# L-Glutamine

## Premium Formula

GOOD MANUFACTURING PRACTICE GMP PRODUCT

## Pure Powder

*3rd Party Lab Tested*

**Net Wt. 1 lb. (454g)** **DIETARY SUPPLEMENT**

# Supplement Facts

Serving size: 1 rounded teaspoon (5 g)
Servings per container: 90

| | Amount per serving | %Daily Value |
|---|---|---|
| L-Glutamine (free-form) | 5 g (5,000 mg) | * |

*Daily Value not established.

**Other Ingredients:** None

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Best Naturals L-Glutamine powder is a pure, free-form, non-essential, amino acid and is the highest grade available.

***No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.***

**Manufactured for Best Naturals,**
**PO Box 394, Kenilworth NJ 07033 USA**
**www.shopbestnaturals.com**
**For additional information call: 1-877-659-6004**
**Lot#** **Exp#**