Need more? Call **1-888-352-5050** or visit **JigsawHealth.com**

Promote optimal health for your body and mind with vital nutrients.*

A 30-day supply of powerful vitamins, minerals and essential fatty acids in convenient A.M. and P.M. packets.*

SUPPLEMENT	KEY	AM	PM
MagSRT®		2	2
Activated B w/SRT®		1	0
Pureway-C® Plus™		2	2
Essential Blend Antioxidant		1	1
Essential Blend Multi-Mineral		0	1
Alaskan Cod Liver Oil		2	1
Vitamin K2 + E Complex		0	1
CoQ10 w/SRT®		1	1
Curcumin C3 Complex®		1	1

MagSRT®
America's #1 Time-Release Magnesium. MagSRT® releases Albion's patented di-magnesium malate gently into your body over an extended period of time for super-absorption and to avoid the dreaded digestive discomfort experienced with other brands.*

Activated B w/SRT®
Delivers B vitamins in their active forms, ready for your body to use right away. Promotes healthy, steady energy levels throughout the day.*

Pureway-C® Plus™
Clinically shown to outperform other leading forms of Vitamin C by absorbing more rapidly to enhance and support immune function and heart health. This formula includes Quercefit®, a clinically tested bioflavonoid, that further promotes immune, heart, and endothelial (skin) health, and includes Lysine, an essential amino acid.*

Essential Blend Antioxidant
Contains vitamins A, and E, plus super-potent pomegranate, açai, cranberry, green tea, and grape seed extracts to support a healthy immune system and provide ongoing antioxidant support.*

Essential Blend Multi-Mineral
Replenishes vital minerals with highly absorbable forms of selenium, manganese, chromium, molybdenum, copper, iodine, zinc, and over 60 other trace minerals.*

Alaskan Cod Liver Oil
A comprehensive cod liver oil supplement with naturally occurring omega-3 fatty acids, PRMs (pro-resolving mediators), and naturally occurring Vitamin A and D, as formed by nature.*

Vitamin K2 + E Complex
Includes MenaQ7® Vitamin K2, proven to deliver the most effective form of Vitamin K2, combined with a full-spectrum Vitamin E complex. Helps your body build healthy bone tissue while maximizing calcium absorption and helps protect the aging brain.*

CoQ10 w/SRT®
CoQ10 w/SRT® utilizes MicroActive® CoQ10 and is clinically shown for superior bioavailability and universally enhanced absorption for all users in a 24-hour time release capsule.*

Curcumin C3 Complex®
Curcumin C3 Complex® has been clinically tested in over 45 studies published in peer-reviewed journals. This unique formula utilizes the three most effective, research-based curcuminoids, which neutralize the damaging effects of free radicals in your body to promote healthy aging and support brain, heart, immune, and joint health.*

Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

Should not be used if tamper evident seal is broken. Keep out of reach of children. Store in a cool dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

AM Supplement Facts

30 servings per container

Serving Size – 1 AM Packet (2 MagSRT®, 2 Alaskan Cod Liver Oil, 2 Pureway-C® Plus™, 1 Essential Blend Antioxidant, 1 CoQ10 w/SRT®, 1 Curcumin C3 Complex®, 1 Activated B w/SRT®)

	Amount Per Serving	%DV**
Calories	**27**	
Total Fat	2.7 g	**3.5%**
Saturated Fat	3 g	**1.5%**
Trans Fat	0 g	
Cholesterol	15 mg	**5%**
Vitamin A (Retinyl Palmitate and Naturally Occurring)	1,200 mcg	133%
Vitamin C (as Pureway-C® Granular Powder)	1,000 mg	1,111%
Vitamin D (100% Naturally Occurring)	4 mcg	20%
Vitamin E (D-Alpha Tocopheryl Succinate)	34 mg	227%
Vitamin B1 (as Benfotiamine)	25 mg	2,083%
Vitamin B2 (as Riboflavin-5-Phosphate Sodium)	25 mg	1,923%
Vitamin B3 (as Niacinamide)	15 mg	94%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	27.5 mg	1,618%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)	300 mcg	75%
Vitamin B12 (as Methylcobalamin)	253 mcg	10,542%
D-Biotin (Vitamin H)	500 mcg	1,667%
Vitamin B5 (as Calcium D-Pantothenate)	125 mg	2,500%
Magnesium (as Dimagnesium Malate) Albion®	250 mg	60%
Choline (as VitaCholine® Choline Bitartrate)	60 mg	11%
Malic Acid (as Dimagnesium Malate)	718 mg	†
Total Omega-3 Fatty Acids	600 mg	†
EPA (Eicosapentaenoic Acid)	280 mg	†
DHA (Docosahexaenoic Acid)	200 mg	†
DPA (Docosapentaenoic Acid)	40 mg	†
Total Pro-Resolving Mediators ††	117 mcg	†
Coenzyme Q10 (60 mg CoQ10 as MicroActive® CoQ10 and 40 mg as CoQ10)	100 mg	†
Inositol	75 mg	†
Para Aminobenzoic Acid (PABA)	15 mg	†
Lysine (from Lysine Monohydrochloride)	100 mg	†
Quercetin Phosphatidyl (NLT 40% Quercetin) (*Sophora japonica*)	15 mg	†
Curcumin C3 Complex® (NLT 95% Total Curcuminoids) (*Curcuma longa*) (Rhizomes)	500 mg	†
Grape Seed Extract	75 mg	†
Green Tea Leaf Extract	75 mg	†
Pomegranate Extract	75 mg	†
Alpha Lipoic Acid	75 mg	†
Cranberry Extract	50 mg	†
Açai Berry Extract 4:1	50 mg	†
Lycopene	2.5 mg	†
Lutein	1.5 mg	†

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
† Daily Value not established

Other Ingredients: Vegetable Capsule, Fish Gelatin, Microcrystalline Cellulose, Cellulose, Glycerin, Modified Cellulose, Purified Water, B-Cyclodextrin, Brown Rice Flour, Croscarmellose Sodium, Citrus Bioflavonoids, Fatty Acids, Magnesium Stearate, L-Leucine, Silicon Dioxide, Stearic Acid, Clear Coating, Organic Nu-Flow®, Silica, Guar Gum, Xanthan Gum, Organic Nu-Mag, Lecithin, Maltodextrin, Tocopherols, Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the morning (A.M.). Or use as directed by your healthcare professional.

Please Note: Vitamin K2 may counteract the effects of anticoagulant therapy, and therefore is not recommended for patients on blood-thinning medications. If you are currently being treated for kidney disease, please consult your healthcare professional before taking any magnesium supplements. **All values listed in elemental amounts. Ingredients for individual pills are indicated by color key, and can also be found online at www.jigsawhealth.com.**

Keep out of reach of children. Store in a cool dry place.

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Allergens: Contains Fish. Manufactured in a facility that also handles products with other known allergens.

†† Representative, naturally occurring, including 14-HDHA, 17-HDHA and 18-HEPE.

Jigsaw HEALTH
It's fun to feel good.

Jigsaw Ultimate®

ESSENTIAL DAILY PACKETS

60 NUTRITIONAL SUPPLEMENT PACKETS

PM Supplement Facts

30 servings per container

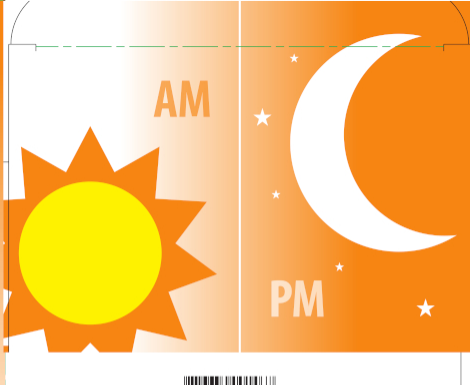
Serving Size – 1 PM Packet (2 MagSRT®, 1 Alaskan Cod Liver Oil, 2 Pureway-C® Plus™, 1 Essential Blend Antioxidant, 1 CoQ10 w/SRT®, 1 Curcumin C3 Complex®, 1 Vitamin K2 + E Complex, and 1 Essential Blend Multi Mineral)

	Amount Per Serving	%DV**
Calories	**18**	
Total Fat	1.5 g	**3%**
Saturated Fat	3 g	**2%**
Trans Fat	0 g	
Cholesterol	5 mg	**2%**
Vitamin A (Retinyl Palmitate and Naturally Occurring)	940 mcg	104%
Vitamin C (as Pureway-C® Granular Powder)	1,000 mg	1,111%
Vitamin D (100% Naturally Occurring)	2 mcg	10%
Vitamin E (D-Alpha Tocopheryl Succinate)	164 mg	1,093%
Vitamin K2 (as MenaQ7®)	50 mcg	42%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	2.5 mg	147%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)	100 mcg	25%
Vitamin B12 (as Methylcobalamin)	3 mcg	125%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Dimagnesium Malate) Albion®	250 mg	60%
Zinc (as Zinc Bisglycinate Chelate) TRAACS®	15 mg	136%
Selenium (from Selenium Glycinate Complex)	400 mcg	727%
Copper (as Copper Bisglycinate Chelate) TRAACS®	2 mg	222%
Manganese (as Manganese Bisglycinate Chelate) TRAACS®	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate) TRAACS®	400 mcg	1,143%
Molybdenum (as Molybdenum Glycinate Chelate) TRAACS®	150 mcg	313%
Malic Acid (as Dimagnesium Malate)	718 mg	†
Mixed Tocopherols	94 mg	†
D-beta Tocopherol	900 mcg	†
D-gamma Tocopherol	75 mg	†
D-delta Tocopherol	18 mg	†
Tocotrienol Complex	90 mg	†
D-alpha Tocotrienol	6 mg	†
D-beta Tocotrienol	600 mcg	†
D-gamma Tocotrienol	9 mg	†
D-delta Tocotrienol	2.4 mg	†
Total Omega-3 Fatty Acids	300 mg	†
EPA (Eicosapentaenoic Acid)	140 mg	†
DHA (Docosahexaenoic Acid)	100 mg	†
DPA (Docosapentaenoic Acid)	20 mg	†
Total Pro-Resolving Mediators ††	58 mcg	†
Coenzyme Q10 (60 mg CoQ10 as MicroActive® CoQ10 and 40 mg as CoQ10)	100 mg	†
Lysine (from Lysine Monohydrochloride)	100 mg	†
Quercetin Phosphatidyl (NLT 40% Quercetin) (*Sophora japonica*)	15 mg	†
Curcumin C3 Complex® (NLT 95% Total Curcuminoids) (*Curcuma longa*) (Rhizomes)	500 mg	†
Grape Seed Extract	75 mg	†
Green Tea Leaf Extract	75 mg	†
Pomegranate Extract	75 mg	†
Alpha Lipoic Acid	75 mg	†
Cranberry Extract	50 mg	†
Açai Berry Extract 4:1	50 mg	†
Lycopene	2.5 mg	†
Lutein	1.5 mg	†
ConcernTrace® MCC	5 mg	†

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
† Daily Value not established

Other Ingredients: Vegetable Capsule, Fish Gelatin, Microcrystalline Cellulose, Cellulose, Purified Water, Glycerin, Modified Cellulose, B-Cyclodextrin, Brown Rice Flour, White Rice Flour, Palm Tocotrienol, Magnesium Stearate, Citrus Bioflavonoids, Fatty Acids, Croscarmellose Sodium, L-Leucine, Silicon Dioxide, Clear Coating, Organic Nu-Flow®, Silica, Organic Nu-Mag, Lecithin, Maltodextrin, Tocopherols, Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the afternoon (P.M.). Or use as directed by your healthcare professional.



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LABEL VERSION 01

Jigsaw Ultimate®
ESSENTIAL DAILY PACKETS

Made with love by:
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