

L-Glutamine is the most abundant free amino acid found in the body, comprising more than 60% of the free amino acid pool in skeletal muscle and greater than 20% of total circulating amino acids. It is involved in many metabolic processes, including the synthesis and protection of muscles tissue, the production of glycogen, and immune support during periods of immune and muscular stress.\* Certain research publications indicate that it may help support the following

- Supports muscle mass\*
- Supports the integrity of the intestinal lining\*

**SUGGESTED USE:** As a dietary supplement, take two (2) tablets two times daily, preferably before and after your workout, or as directed by your qualified healthcare professional. Consider taking this product in combination with Best Naturals B-6.

**Keep out of the reach of children.**

**Do not use if safety seal is broken or missing.**

**Keep in cool, dry place.**

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.



**MADE IN USA**



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# L-Glutamine

## Premium Formula



# 1000 mg

## 3rd Party Lab Tested

**180 TABLETS**

**DIETARY SUPPLEMENT**

## Supplement Facts

Serving size: 2 tablets

Servings per container: 90

|             | Amount per serving | %Daily Value |
|-------------|--------------------|--------------|
| L-Glutamine | 2,000 mg (2 g)     | *            |

\*Daily Value not established.

**Other Ingredients:** Dicalcium phosphate, cellulose, silica, vegetable magnesium stearate, stearic acid, croscarmellose sodium, pharmaceutical glaze.

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.**

Manufactured for Best Naturals,  
PO Box 394, Kenilworth NJ 07033 USA

[www.shopbestnaturals.com](http://www.shopbestnaturals.com)

For additional information call: 1-877-659-6004

Lot#

Exp#

