

Recommended Use: As a dietary supplement, mix 1 scoop daily with 6-10 oz of water or as directed by your healthcare professional.

Taking too much MCT oil can cause stomach discomfort, especially for first time users. Start with a ½ serving and gradually increase your daily intake until desired amount is achieved, not to exceed the recommended use.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

nutricost

MCT OIL POWDER

Medium Chain Triglycerides

10g

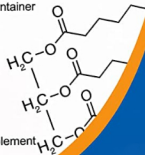
MCT Oil Powder
per serving

45

servings

1LB

per container



■ UNFLAVORED

Net Wt. 16 OZ (1 LB) (454 G) | Dietary Supplement

Distributed by Nutricost®
351 E 1750 N Vineyard, UT 84059
(866) 438-3694 | support@nutricost.com
www.nutricost.com

401492



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Scoop (10g)

Servings Per Container: 45

Amount Per Serving		% DV*
Calories	60	
Total Fat	8g	10%
Saturated Fat	7g	35%
Sodium	10mg	0%
Total Carbohydrate	2g	1%
Dietary Fiber	2g	7%
Protein	1g	0%
MCT Oil Powder	10g	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value not established.

Ingredients: MCT oil powder (medium chain triglycerides, soluble tapioca fiber, sodium caseinate (a milk derivative), contains 2% or less of each of the following: sunflower lecithin, silicon dioxide).

Contains: Milk.

