

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

KEEP OUT OF
REACH OF CHILDREN.
Store in a cool, dry place.

CREATINE MONOHYDRATE

DIETARY SUPPLEMENT

HELPS TO IMPROVE
ATHLETIC PERFORMANCE*

700 MG PER CAPSULE

3.5 GRAMS OF CREATINE PER SERVING

120 CAPSULES

GNC PRO PERFORMANCE®

CODE 677811

HKG

One of the most popular supplements among professional and amateur athletes, creatine provides support for immediate energy production during high-intensity workouts and plays an important role in muscle protein synthesis.* Over the past 10 years, numerous studies have shown that creatine supplementation helps to improve athletic performance and promote cellular hydration.*

DIRECTIONS: As a dietary supplement, take 5 capsules after your workout with 12 oz. of water.

Supplement Facts

Serving Size Five Capsules

Servings Per Container 24

Amount Per Serving

Creatine Monohydrate

3.5 g*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

Potency verified by GNC procedure #5104.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

0 48107 24355 5