

Cyruta® Plus

Made From Buckwheat, Containing Powerful Antioxidants

Buckwheat (*Fagopyrum esculentum*) is typically thought of as a food. Although the seeds are used as cereal, the plant is not one of the cereal grasses but rather a herbaceous plant. Rich in protein (especially lysine, which is uncommon in most cereal grains), buckwheat also contains vitamins B and E, calcium, and phosphorus. Buckwheat is easily digestible. It has more iron, copper, and magnesium than wheat.*

How Cyruta Plus Keeps You Healthy

Buckwheat contains rutin, a powerful antioxidant

Buckwheat contains rutin, a phytochemical of the flavonoid group and a powerful antioxidant. Rutin protects the body against a variety of damaging oxidative toxins, especially those released by the body from mineral-fiber irritation. By itself, rutin is a more potent free-radical eliminator than either vitamin C or vitamin E. Synergistically, the three work together to create an antioxidant powerhouse.†

Antioxidants rutin and quercetin help support the skin

Because it is exposed, the skin is particularly vulnerable to environmental damage, especially from the sun's rays. Rutin and quercetin protect the skin and nerves from oxidative damage.†

Soluble fiber and rutin found in buckwheat help maintain the cardiovascular system

The soluble fiber in buckwheat can help maintain a proper balance between high- and low-density lipoproteins. Furthermore, rutin prevents the oxidation of low-density lipoprotein in artery walls. As an antioxidant, rutin also minimizes oxidative damage in red blood cells, especially to delicate cell walls and the important fats embedded in them and to essential oxygen-carrying hemoglobin. Rutin also helps keep blood thin, thus encouraging its free flow through the circulatory system, primarily in peripheral arterial systems.†

Quercetin helps maintain orderly cell growth in breast and other tissues

Quercetin attaches to type-II estrogen-binding sites and helps prevent protein kinase C activation, a cause of undesirable cell division and growth.†

† This product contains less than 10 parts per million of glucose per serving size or less than 20 parts per million per the suggested use listed on each product label.
†† These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Introduced in 1950



Content:
90 tablets
300 tablets

Suggested Use: One tablet per meal, or as directed.

Supplement Facts:

Serving Size: 1 tablet

Servings per Container: 90 or 300

	Amount per Serving	%DV
Calories	2	
Vitamin C	3 mg	4%

Proprietary Blend: 306 mg

Dried buckwheat (leaf) juice, buckwheat (seed), bovine adrenal Cytosol™ extract, and oat flour.

Each tablet supplies approximately:

250 mg buckwheat leaf juice and seed.

Other Ingredients: Honey, ascorbic acid, and calcium stearate.

Special Information: Keep bottle tightly closed. This product absorbs moisture.

Sold through health care professionals.

Whole Food Philosophy

Our founder, Dr. Royal Lee, challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over isolated nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to an isolated or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.



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