

Inositol is a non-essential member of the B-Complex family with dietary sources from both animal and plant foods. It is readily absorbed and used to produce the active inositides as necessary. The various forms of inositol (phosphatidylinositol and inositides such as ip3) are active in cell-to-cell communication; (e.g; transmission of nerve impulses).† Certain research publications indicate that Inositol may help support the following:

- Supports liver function.†
- Supports healthy membrane function.†
- Supports healthy hair & enhances mood.†
- Supports healthy cholesterol level.†

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

 **MADE IN USA**



Inositol

Premium Formula

1000 mg

3rd Party Lab Tested

120 TABLETS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 120

	Amount Per Serving	%Daily Value
Inositol	1000 mg	*

*Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate (vegetable source), Pharmaceutical Glaze.

SUGGESTED USE: As a dietary supplement, take one (1) tablet one to two times daily, preferably with meals. Consider taking this product in combination with Best Naturals B-Complex and Choline.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

Manufactured for Best Naturals,
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www.shopbestnaturals.com

For additional information call 1-877-659-6004

Lot#

Exp#

