## SUGGESTED USE

Adults take 1 capsule 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Rhodiola should not be taken by individuals with bipolar disorder. Store away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.









## Rhodiola Rosea

Traditionally for supporting healthy stamina so you can go the distance\*

120 VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT

## Supplement Facts

Serving Size 1 Capsule Servings Per Container 120

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Siberian Rhodiola (Rhodiola rosea, root extract	) 120 mg	ţ
Rosavins	6 mg	t

\* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, vegan capsule (hypromellose) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each capsule contains 850 mg dry herb equivalent.

**VEGAN · GLUTEN-FREE · SOY-FREE**