

Did you know?

The Cascara Sagrada tree, traditionally known as "Sacred Bark" to the Native Americans, grows along the Pacific Coast. It's been helping to improve bowel function for centuries.*

We care about the future of mankind and the planet we call home. As certified organic farmers we grow many of the herbs found in our products. Our regenerative practices heal the land, sequester carbon from the atmosphere and ensure that pure, potent herbal medicine is available today and for future generations. **Peace.**

Free from: Dairy, wheat, peanuts, soy, gluten and corn allergens.

CAUTION: Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



‡Product verified
non-GMO by SGS.



Cascara Sagrada

"go" as nature intended*

MADE WITH
ORGANIC
CASCARA SAGRADA

VERIFIED
NON-GMO
INGREDIENTS‡



GELATIN **90** CAPSULES



Suggested Use: As an herbal supplement, take one to two capsules daily as needed, preferably at bedtime, for relief of occasional constipation* or as directed by your healthcare professional. Anthraquinone containing substances usually produce a soft to semi-fluid stool 6-12 hours after ingestion. It is best to start with one capsule and increase to two, if needed, to get results. Not for long-term use in excess of eight days. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 90

Amount Per Serving

Organic Cascara Sagrada bark (<i>Rhamnus purshiana</i>)	350 mg†
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†Daily Value not established

Other Ingredients: Non-GMO bovine gelatin capsules and nothing else.

Oregon's Wild Harvest products are manufactured with love by us in Redmond, OR 97756 • 1-800-316-6869 • oregonswildharvest.com

Certified Organic by Oregon Tilth.

actual size

NEW gelatin capsules.
SAME goodness inside.

