

Recommended Use: As a dietary supplement, take 1 tablet daily with 8-12 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®
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Iodine

From Sea Kelp

325mcg
per serving

240
tablets

240
serving



240 Tablets | Dietary Supplement

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 240

Amount Per Serving		% DV*
Iodine (from kelp)	325mcg	220%

* Percent Daily Value (DV) is based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, povidone, magnesium stearate (vegetable source), silicon dioxide, coating powder.

