

GABA (gamma aminobutyric acid) is a non-essential amino acid found mainly in the human brain and eyes. It is considered an inhibitory neurotransmitter, which means it regulates brain and nerve cell activity by inhibiting the number of neurons firing in the brain. GABA is referred to as the "brain's natural calming agent". By inhibiting over-stimulation of the brain, GABA may help promote relaxation and ease nervous tension.*

- Supports a Calm Mood*
- Promotes Relaxation*
- Supports Mental Focus*

SUGGESTED USE: As a dietary supplement, take one (1) Vcap one to two times daily as needed, preferably with juice or water on an empty stomach.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

**These statements have not been evaluated by the FDA. This product is not intended to cure, prevent, treat or diagnose any disease.*

 **MADE IN USA**



 **Best Naturals®**

GABA

(Gamma-Aminobutyric Acid)

*Natural Calming Effect**

750 mg
*Supports Mental Focus**

180 VCAPS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Vcap

Serving Per Container: 180

Amount Per Serving

% Daily Value

GABA (gamma-aminobutyric acid)

750 mg

**

****Daily Value not established.**

OTHER INGREDIENTS: Cellulose (Capsule), Silica and Magnesium Stearate (Vegetable Source).

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Manufactured for Best Naturals,
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www.shopbestnaturals.com

For additional information call: 1-877-659-6004
Lot# Exp#

