



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories 10	
Total Fat 1 g	1%*
Cholesterol 10 mg	3%
Fish Oil 1000 mg (1 g)	**
Omega-3 Fatty Acids 300 mg	

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

INGREDIENTS: Fish Oil, Gelatin, Glycerin, Purified Water USP. Contains 2% or less of natural flavors.

Contains: Fish (anchovy, sardine).

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DIRECTIONS: Adults - Take one softgel daily with food as a dietary supplement.

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Keep out of the reach of children.

Store at 15° - 30°C (59° - 86°F).

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

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