



Supplement Facts

Serving Size 8g (About 1 Scoop/Packet)

Servings Per Container - Varied

	Amount per serving	% Daily Value
Calories	30	
Total Carbohydrate	5 g	2%**
Dietary Fiber	3 g	11%**
Total Sugars	<1 g	†
Includes 0g Added Sugars		0%**
Protein	2 g	
Vitamin A	60 mcg	7%
Vitamin C	16 mg	18%
Vitamin K	70 mcg	58%
Calcium	40 mg	3%
Iron	1.5 mg	8%
Sodium	30 mg	1%
Potassium	170 mg	4%

AMAZING GRASS® Green Food Blend	5.7 g	†
Organic Wheat Grass, Organic Barley Grass, Organic Alfalfa Grass, Organic Spinach, Organic Spirulina, Organic Chlorella (cracked cell-wall), Organic Broccoli		

AMAZING GRASS® Antioxidant Blend	1.1 g	†
Organic Rose Hips, Organic Pineapple, Organic Carrot, Acerola Cherry Extract, Green Tea Leaf Extract, Organic Açaí Berry, Organic Beet Root, Raspberry, Organic Maca Root		

EFA Fiber Blend	668 mg	†
Organic Flax Seed, Apple Pectin		

Digestive Enzyme & Active Culture Pre/Probiotic Blend	426 mg	†
F.O.S. (Fructooligosaccharide), Amylase (<i>Aspergillus oryzae</i>), Protease (<i>Aspergillus oryzae</i>), Lipase (<i>Aspergillus niger</i>), Lactase (<i>Aspergillus oryzae</i>), Cellulase (<i>Trichoderma reesei</i>), <i>Lactobacillus acidophilus</i>		

**Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Peppermint Leaf, Silica.