

SUGGESTED USE

Adults take 1 capsule 2 times daily with meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.



gaia
HERBS
EST 1987

NEW LOOK, SAME FORMULA

STRESS SUPPORT*

HOLY BASIL LEAF

Promotes emotional well-being & supports a positive mood*

120 VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Proprietary Extract Blend	363 mg	†
Organic Holy Basil (<i>Ocimum sanctum</i>) leaf, Holy Basil (<i>Ocimum sanctum</i>) leaf supercritical CO ₂ extract		
Eugenols	8.5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, water, vegan capsule (hypromellose) and olive oil.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each capsule contains 2,650 mg dry herb equivalent.



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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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