Recommended Use: As a dietary supplement, take 2 capsules daily with 8-12 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Fenugreek

1,350_{MG}

per serving

240 Capsules

Dietary Supplement

240

120



capsules

servings

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 120

Amount Per Serving

% DV

Fenugreek Seed Powder 1.350mg (Trigonella foenum-graecum)(seed)

* Daily Value (DV) not established.

Other ingredients: Capsule (gelatin), magnesium stearate (vegetable source), pure olive oil, silicon dioxide.







