

## ORganic to our roots

As certified organic farmers since 1994, our regenerative practices heal the land and water and sequester carbon from the atmosphere, while ensuring that pure, potent herbal medicine is available today and for future generations. Peace.

**Free from:** Gluten, dairy and soy allergens.

**CAUTION:** Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



‡Product verified  
non-GMO by SGS.

FAMILY  
FARM



SINCE  
1994

Made with Organic Herb

# Ashwagandha

HELPS THE BODY  
ADAPT TO STRESS\*

GF

90 vegan capsules



**Suggested Use:** As an herbal supplement, take three capsules daily with food or as directed by your healthcare professional. Do not exceed recommended dose.

Capsules are filled by weight, not by volume.

## Supplement Facts

Serving Size: 3 capsules

Servings Per Container: 30

### Amount Per Serving

|                                                        |          |
|--------------------------------------------------------|----------|
| Organic Ashwagandha root ( <i>Withania somnifera</i> ) | 1200 mg† |
|--------------------------------------------------------|----------|

†Daily Value not established

Other Ingredients: Pullulan (plant sourced) capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest  
Redmond, OR 97756 USA

Certified Organic  
by Oregon Tilth



actual size